

Unveiling the Profound Serenity of Simply Being Buddhism - The Great Completion

In the realm of Buddhism, there exists a profound teaching known as the Great Completion, which uncovers the ultimate truth of our existence. With its roots in the Dzogchen tradition, Simply Being Buddhism delves into the depths of our consciousness, revealing the essence of reality.

The Great Completion, often referred to as Dzogchen, is a spiritual path that leads towards enlightenment through direct realization of the nature of mind. Rooted in the teachings of the Buddha, this approach transcends concepts and intellectual analysis, offering a direct experience of the ultimate truth - our primordial awareness.

The Essence of Simply Being Buddhism

Simply Being Buddhism, also known as Dzogchen Buddhism, emphasizes the innate wisdom that lies within each individual, waiting to be awakened. It reminds us that we are already complete and that our true nature is pure and unbounded.



This is it: revealing the great completion (Simply Being Buddhism Book 6)

by James Low ([Print Replica] Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 35228 KB

Screen Reader: Supported

Print length : 362 pages

Lending : Enabled



This transformative path sheds light on the profound serenity that lies hidden beneath the layers of daily distractions and mental constructs. Revealing the true self, Simply Being Buddhism enables us to experience reality directly, unencumbered by conceptual frameworks and dualistic thinking.

Unveiling the Great Completion

The Great Completion, the heart of Simply Being Buddhism, offers a transformative approach that transcends traditional methods of spiritual practice. It unravels the illusion of separation and reveals the inherent unity of all existence.

Through various practices such as meditation, contemplation, and direct transmission from an authentic spiritual teacher, the Great Completion allows practitioners to recognize the true nature of their mind. This recognition brings about a profound shift in perception, as the experience of pure awareness becomes integrated into their daily lives.

Embracing the Direct Path

Unlike other Buddhist traditions, Simply Being Buddhism emphasizes the direct path to realization. By bypassing elaborate rituals and complex philosophical systems, this approach invites practitioners to directly experience their innate wisdom.

Through meditation, practitioners learn to rest in the natural state of pure awareness - a state that is untouched by thoughts, emotions, and sensations.

This direct experience allows individuals to see through the illusions of their conditioned mind and awaken to their true nature.

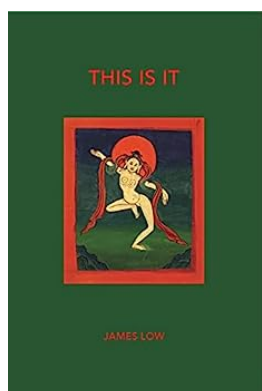
The Power of Simply Being

Simply Being Buddhism recognizes that the power to transform lies within us all. It teaches us to let go of unnecessary striving and to rest in the natural state of being, allowing our inherent wisdom to shine forth.

This profound teaching invites us to see that enlightenment is not something to be attained or achieved. It is a recognition of what has always been present within us, waiting to be unveiled. By embracing the Great Completion, we can tap into the boundless potential that lies within.

Revealing the Great Completion Simply Being Buddhism opens the doors to a profound journey of self-discovery and awakening. Through direct realization of our true nature, we can transcend the limitations of our conditioned mind and experience the deep serenity and wisdom that lie within.

By embracing the direct path to enlightenment, we can release ourselves from the shackles of conceptual thinking and experience the profound freedom that arises from recognizing our innate wisdom. Simply Being Buddhism offers a transformative path that leads towards ultimate liberation.



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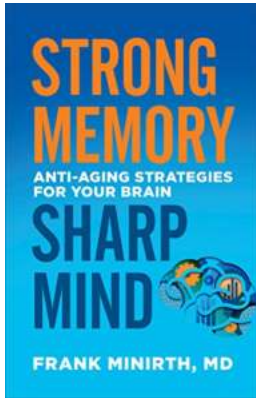
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Each section of the book leads into the next, showing how, by peeling away our habitual assumptions and projections, we can directly encounter the intrinsic purity of our own mind. "This is it", Dzogchen, the great completion.

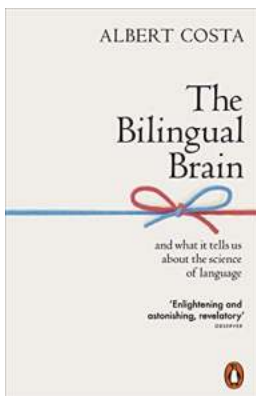
The first facet, One Thing Leads to Another, offers sutra texts on dependent origination. The second, Increased Transparency, includes the Heart Sutra and indicates that all phenomena, whether seemingly outer or inner, subject or object, are empty and devoid of inherent existence. This leads onto the third facet Encountering the Other, the story of how the Buddha Chakrasamvara manifested in order to deal with cruelty and malicious behaviour. The fourth Facet, Getting Lost Invites Trouble, offers two accounts of how pride and self-confidence can lead a person astray so that their provocations lead to a display the Buddhas' wrathful power, enforcing transformation and the abrupt end to the careers of heartless bullies.

Next, in the fifth facet, we see how transformation can be elective rather than imposed. Cutting Free begins with the story of Machig Labdron, her struggle to free herself from social constraints so that she could pursue a life in dharma. There is a short guru yoga practice and her Chöd practice, The Dakinis' Laughter. Finally in facet six, Just This is The Cuckoo Cry, the foundational text of the dzogchen mind series. In just three couplets it sets out the view, meditation and activity which are the inseparability of primordial purity and instant presence.



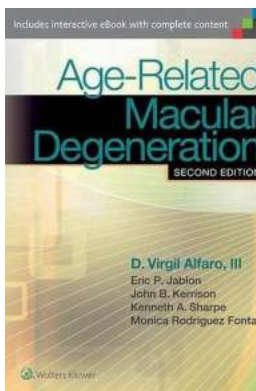
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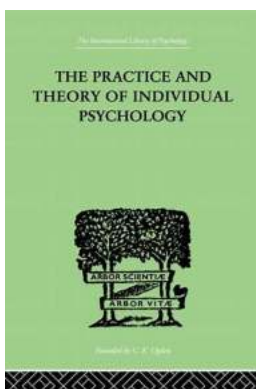
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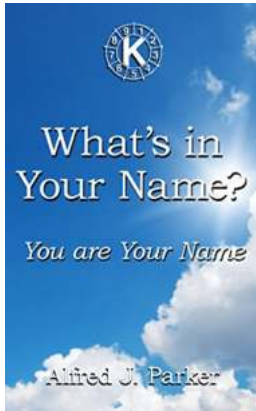
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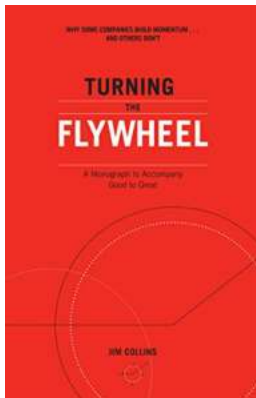
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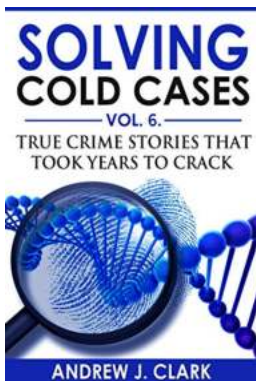
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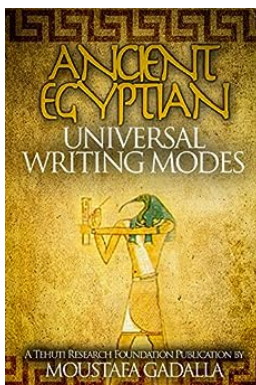
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