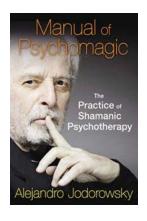
# The Ultimate Guide to Manual Of Psychomagic: The Practice Of Shamanic Psychotherapy

Are you fascinated by the realms of psychology and shamanism? Do you seek a synergistic approach to healing and personal development? Look no further, as we present to you the Manual of Psychomagic: The Practice of Shamanic Psychotherapy.

### The Power of Psychomagic

Psychomagic is a fascinating field that combines the principles of psychology with shamanic practices to help individuals overcome deep-seated traumas, release emotional blockages, and discover their true potential. Developed by acclaimed filmmaker and avant-garde artist Alejandro Jodorowsky, Manual of Psychomagic provides a comprehensive guide to this powerful healing modality.

The practice of psychomagic involves the utilization of symbolic acts, rituals, and theatrical performances to bypass the rational mind and tap into the subconscious. By engaging the imagination and the unconscious mind, psychomagic aims to reframe narratives, resolve past traumas, and facilitate deep healing.



### Manual of Psychomagic: The Practice of Shamanic Psychotherapy

by Alejandro Jodorowsky (Kindle Edition)

★ ★ ★ ★ ★ ★ 4.1 out of 5Language: EnglishFile size: 1261 KBText-to-Speech: EnabledScreen Reader: Supported

Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 260 pages



### **Shamanic Psychotherapy: Healing for the Soul**

At its core, psychomagic draws upon the ancient wisdom of shamanism – an indigenous spiritual practice that dates back thousands of years. Shamanic psychotherapy utilizes various tools such as trance, meditation, energy work, and connection with the natural world to facilitate healing and personal transformation.

The Manual of Psychomagic serves as a comprehensive guide to shamanic psychotherapy, offering a framework for both mental health professionals and individuals seeking self-healing techniques. It explores the intertwining threads of psychology, spirituality, and ancient wisdom to create a holistic approach towards emotional well-being.

### **Unlocking the Secrets of Psychomagic**

Whether you are a seasoned practitioner or a curious beginner, the Manual of Psychomagic provides a detailed exploration of different psychomagic techniques and their application. Alejandro Jodorowsky shares his years of experience and expertise to help readers understand and practice psychomagic effectively.

The manual delves into various areas of psychomagic, including:

### 1. The Power of Symbolism

Learn how to tap into the subconscious mind through the use of symbolic acts and rituals. Discover the significance of objects, actions, and settings in

psychomagic and how they can be used to trigger transformative experiences.

### 2. Healing through Performance

Explore the art of theatrical performances and the role they play in psychomagic. Discover how creating and witnessing performances can help release emotional blockages, bring clarity, and catalyze personal growth.

#### 3. Rituals for Transformation

Discover a wide array of rituals designed to facilitate deep transformation. Explore different rituals for healing relationships, overcoming fears, releasing addictions, and connecting with one's inner wisdom.

### 4. Family Constellations

Family constellations are a powerful aspect of psychomagic, enabling individuals to overcome ancestral traumas and resolve systemic patterns within the family system. Learn how to facilitate family constellations and experience profound shifts within your family dynamics.

By immersing yourself in the Manual of Psychomagic, you will gain the necessary knowledge and tools to practice psychomagic and shamanic psychotherapy effectively.

### **Embark on an Inner Journey**

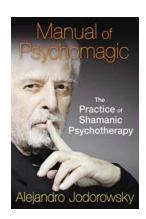
Manual of Psychomagic serves as a roadmap for individuals seeking profound personal transformation. It unlocks the door to ancient wisdom and offers innovative approaches to healing.

With its comprehensive guidance, step-by-step instructions, and insightful anecdotes, this manual will empower you in your pursuit of self-discovery and

emotional well-being. Discover the transformative power of psychomagic and embark on an inner journey like no other.

So, are you ready to explore the realms of psychomagic and shamanic psychotherapy? Order your copy of the Manual of Psychomagic today and step into a world of limitless possibilities.

Keywords: Manual of Psychomagic, Psychomagic, Shamanic Psychotherapy, Healing, Personal Development, Symbolic Acts, Rituals, Theatrical Performances, Transformation, Family Constellations



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A workbook for using symbolic acts to heal the unconscious mind

 Provides several hundred successful psychomagic solutions for a wide range of specific psychological, sexual, emotional, and physical problems, from stuttering, eczema, and fears to repressed rage and hereditary illnesses

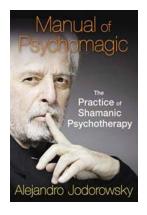
- Details how practitioners can develop unique psychomagic solutions for their patients
- Explains how psychomagic bypasses the rational mind to work directly with the unconscious for quicker and more enduring change

Traditional psychotherapy seeks to unburden the unconscious mind purely through talk and discussion. Psychomagic recognizes that it is difficult to reach the unconscious with rational thought. We should instead speak directly to the unconscious in its own language, that of dreams, poetry, and symbolic acts. By interacting on this deeper level, we can initiate quicker and more enduring change to resolve repressed childhood trauma, express buried emotions, and overcome deep-seated intimacy issues. Through the lens of psychomagic, illness can be seen as the physical dream of the unconscious, revealing unresolved issues, some passed from generation to generation.

In this workbook of psychomagical spells, legendary filmmaker and creator of psychomagic Alejandro Jodorowsky provides several hundred successful psychomagic solutions for a wide range of psychological, sexual, emotional, and physical problems from stuttering, eczema, and fear of failure to repressed rage, hereditary illnesses, and domineering parents. Each solution takes the same elements associated with a negative emotional charge and recasts them into a series of theatrical symbolic actions that enable one to pay the psychological debts hindering their lives. Explaining the shamanic techniques at the foundation of psychomagic, the author offers methods for aspiring practitioners to develop solutions for their own unique patients.

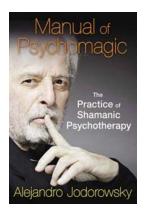
Jodorowsky explains how the surreal acts of psychomagic are intended to break apart the dysfunctional persona with whom the patient identifies in order to

connect with a deeper, more authentic self. As he says in the book, "Health only finds itself in the authentic. There is no beauty without authenticity."



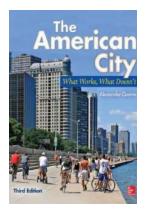
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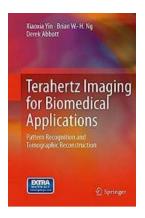
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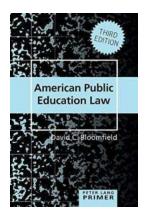
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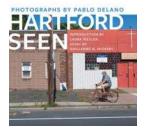
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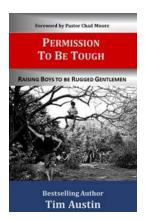
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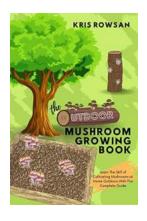
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