

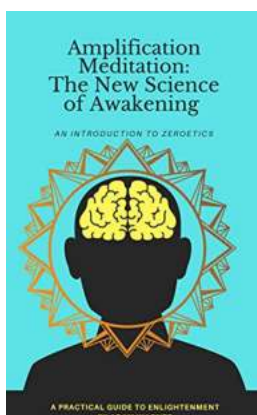
The New Science Of Awakening The Folly Of Youth

Are you tired of the reckless behavior often associated with youth? Do you believe there might be a better way to guide and mentor young individuals? Look no further. The revolutionary field of "awakening" is here to challenge conventional wisdom and provide a fresh perspective on the folly of youth.

Awakening is not just a process for the elderly seeking enlightenment; it is a methodology that can benefit people of all ages, especially the younger generation. In this article, we will dive deep into the transformative power of awakening, its impact on the folly of youth, and how it can shape a brighter future for all.

The Illusion of Invincibility

One of the key aspects of youth that contributes to their folly is the illusion of invincibility. It's a mindset that leads them to engage in risky behaviors without fully considering the consequences. Young individuals often underestimate the potential dangers around them, whether it be reckless driving, substance abuse, or unhealthy relationships.



Amplification Meditation: The New Science of Awakening (The Folly of Youth Book 1)

by Adam Wagner (Kindle Edition)

★★★★☆ 4.1 out of 5

Language : English

File size : 5043 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 371 pages
Lending : Enabled
Screen Reader : Supported



Awakening challenges this illusion by bringing about a profound sense of self-awareness. Through various mindfulness practices and introspection techniques, young people can develop a heightened understanding of themselves and the world. This newfound awareness enables them to see beyond the illusion of invincibility and make more informed decisions about their actions.

The Wisdom of Experience

While youth may lack the wisdom that comes with experience, awakening offers a shortcut to accessing timeless wisdom. Through meditation, self-reflection, and engaging with wise mentors, young individuals can tap into a wealth of knowledge that can steer them away from foolish decisions. By connecting with experienced individuals who have faced similar challenges, young people gain valuable insights that can only come from genuine life experience.

Additionally, awakening helps young people recognize that wisdom is not solely derived from age but from an open mind and a willingness to learn. By embracing this perspective, youth can bypass the need to learn solely through personal trial and error, saving them from unnecessary pain and suffering.

Empathy and Compassion

The folly of youth often stems from a lack of empathy and an inability to understand the consequences of their actions on others. Awakening addresses this by fostering empathy and compassion. By cultivating a deep connection with

themselves and others, young individuals become more attuned to the impact they have on their surroundings.

This heightened sense of empathy allows youth to make decisions that are not only best for themselves but for the collective well-being of society. Empathy becomes a driving force for positive change, leading to decreased violence, improved relationships, and a more harmonious community.

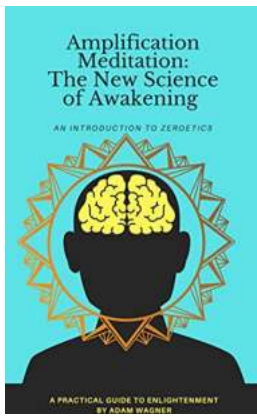
An Alternative Path to Success

In a society where youth are often pressured to conform to societal expectations, awakening offers an alternative path to success. Rather than subscribing to a narrow definition of achievement, young individuals can discover their own unique purpose and values. Awakening empowers youth to pursue their passions and make a meaningful impact in their chosen field.

By embracing their authentic selves, youth can resist the allure of shallow pursuits and instead focus on what truly matters to them. This shift in mindset not only leads to personal fulfillment but also drives innovation and creativity, benefiting society as a whole.

The new science of awakening is paving the way for a brighter future, challenging the conventional wisdom surrounding the folly of youth. By addressing the illusion of invincibility, tapping into the wisdom of experience, fostering empathy and compassion, and offering an alternative path to success, awakening empowers young individuals to make better choices and lead more fulfilling lives.

It's time to embrace this transformative field and support young people on their journey towards self-discovery and personal growth. Let us seize this opportunity to awaken the folly of youth and shape a world where the mistakes of the past can be overcome, and the potential of the future can be fully realized.



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Are you a textbook overthinker? Does your mind constantly run? Does it make it hard to fall asleep? Did you know you can control the mind? Did you know that it has an off switch! I know, I was pretty mad no one ever told me until now either!

One simple step can guide one to master the mind. It will lead them to enlightenment. It is to turn the mind off, to become the now! Don't worry this book has pictures not riddles!

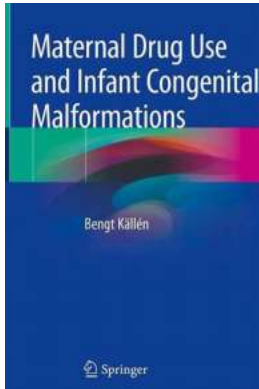
Is this world the way it is because you asked yourself and indeed it is? Or is it the way it is because someone told you how it was and you believed them? The truth has been written down hundreds of times before... but those books don't work!

The answer is the present moment, it is the now you have been preached! We just have not been taught to sustain it! Sustainability and the translational divide between the enlightened and the common mind masses is what Wagner tackles in this revolutionary guide.

In this genre-defining self-help guide, a normal burnt out, depressed man cuts through the crap to show us how to Awaken so that we can truly become better, happier people. For decades, we've been told that an enlightened person is: Peaceful and Serene. ...Loving, Kind, and Compassionate. ...Not Self-Centered. ...Emotionally Stable. ...Patient and Understanding. ...Humble. ...Insightful and Open-Minded. . "Complete bullsh*t," Adam Wagner says. "This book outlines a process that can guide one to enlightenment. The language surrounding enlightenment is fanciful and misleading. Enlightenment is to stop the mind. To stop your thoughts. As simple as that. Amplification Meditation: The New Science of Awakening is his antidote to the typical work, sleep, work, die, lifecycle we find ourselves in as a society. It is his way out! Wagner makes the argument, backed both by academic research and well-timed cannibalism jokes, that Enlightenment hinges not on our ability to embrace the power of now," but on being able to turn off the brain. Human beings have collectively suffered enough—" We have never been taught to stop our minds. An active mind is highly encouraged. We were educated for 18 years and then sent into the world to think ourselves into a better life. No one ever mentioned the "off switch." You will have strong feelings I am wrong and that to turn it off would be extremely detrimental. , Wagner makes clear. This is your ego snarling at an idea that is very threatening to it. To stop the mind is to kill the ego.. A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, Amplification Meditation: The New Science of Awakening is a refreshing slap for a generation to help them begin a great awakening.

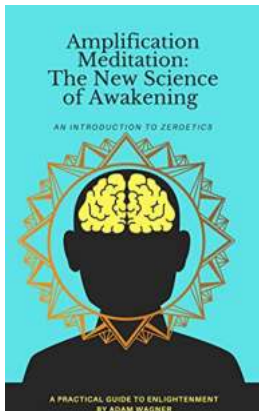
We discuss Eckhart Tolle, Leo Guru, Allan Watts, and all the modern spiritual culture that has us so lost! I jut started The Secret... Guys, we have this very, very backwards right now...

Your rating and reviews will be very helpful to me going forward. If you enjoy the book please consider rating and reviewing. Thank you kindly! They will be released for free to spread awareness. Please share them where you can!



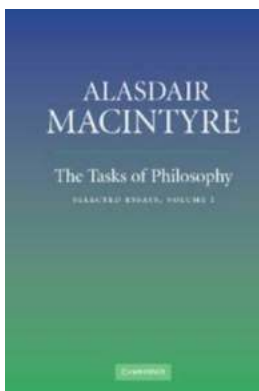
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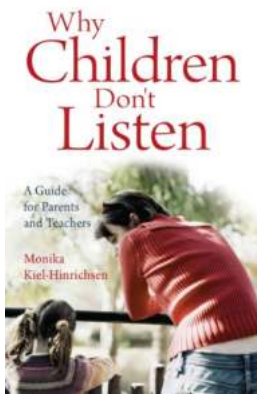
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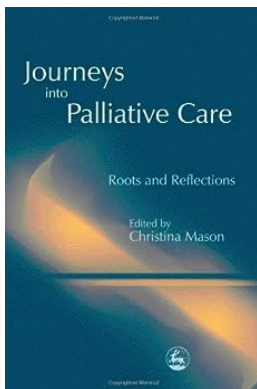
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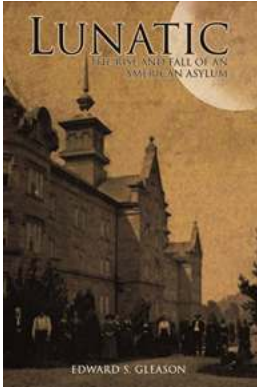
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