

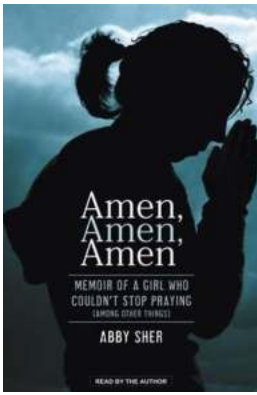
# The Incredible Memoir of a Girl Who Couldn't Stop Praying Among Other Things



Have you ever wondered what it feels like to have an unyielding desire to pray, even in the most unlikely of situations? Let us take you on a captivating journey through the mesmerizing memoir of a girl who couldn't stop praying among other things.

## **A Glimpse into Her Religious Upbringing**

Born into a deeply religious family, Emily found solace and comfort amidst the rituals and practices of her faith from an early age. Her parents instilled in her strong religious values, teaching her the importance of prayer as a way to communicate with the divine.



## Amen, Amen, Amen: Memoir of a Girl Who Couldn't Stop Praying (Among Other Things)

by Abby Sher (Kindle Edition)

★★★★☆ 4 out of 5

Language : English

File size : 1054 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 324 pages



Anxiety and vulnerability pushed Emily further into the realm of spirituality. In her teenage years, she began to experience an inexplicable need to pray incessantly, regardless of the time and place. Through her memoir, she shares the powerful emotions and struggles she encountered during this period of her life.

### **Troubled Faith and Unshakeable Resolve**

As Emily's excessive praying continued, her faith became entangled with doubt and uncertainty. She questioned whether her incessant prayers were a manifestation of religious devotion or a symptom of an underlying psychological condition.

The memoir delves into the challenges she faced as she navigated her way through this intricate maze of spirituality, faith, and mental health. You will be enthralled by her unshakeable resolve to seek answers even when faced with skepticism from those around her.

### **Unexpected Adventures and Miraculous Encounters**

Emily's story takes an intriguing turn when she embarks on a transformative spiritual journey that leads her to various corners of the world. From sacred temples in India to remote monasteries in the Himalayas, she encounters unexpected adventures and discovers the profound impact of prayer across cultures.

Throughout her memoir, she recounts miraculous encounters with individuals who share similar experiences, validating her beliefs and reigniting her faith. These encounters provide her with the strength to embrace her journey wholeheartedly.

## **Conquering Inner Demons and Finding Inner Peace**

As Emily's memoir unfolds, she confronts her inner demons and comes face to face with the underlying reasons behind her incessant prayer. With each chapter, you will witness her remarkable transformation, as she gradually finds solace, acceptance, and ultimately, inner peace.

Her journey teaches us that sometimes, the path to self-discovery and happiness lies in confronting our fears head-on and embracing our unique experiences, no matter how unconventional they may seem.

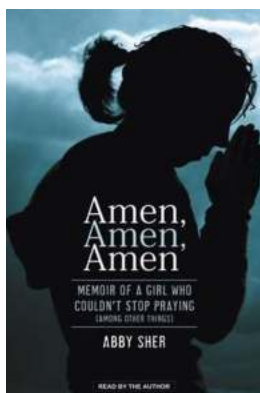
## **Impact and Reflection**

In the final chapters of her memoir, Emily reflects on the impact of her journey and the lessons she has learned along the way. Her heartfelt reflections will leave readers with a profound sense of introspection, urging them to explore their own spiritual and emotional landscapes.

## **The Legacy of the Girl Who Couldn't Stop Praying Among Other Things**

Emily's memoir leaves a lasting legacy, inspiring countless individuals to embrace their own unique spiritual paths. Her compelling story resonates with readers from all walks of life, whether they are searching for answers, seeking solace, or simply looking to delve into the captivating world of personal memoirs.

Take a moment to immerse yourself in the extraordinary journey of a girl who couldn't stop praying among other things. Allow her remarkable experiences to open your mind and heart to the boundless possibilities that lie within each one of us.



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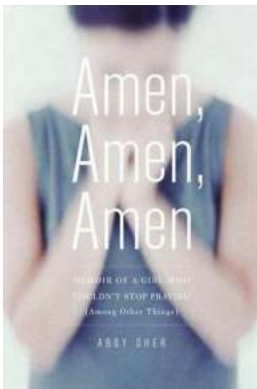


Until the age of ten, Abby Sher was a happy child in a fun-loving, musical family. But when her father and favorite aunt pass away, Abby fills the void of her loss with rituals: kissing her father's picture over and over each night, washing her hands, counting her steps, and collecting sharp objects that she thinks could harm innocent pedestrians. Then she begins to pray. At first she repeats the few phrases she remembers from synagogue, but by the time she is in high school, Abby is spending hours locked in her closet, urgently reciting a series of

incantations and pleas. If she doesn't, she is sure someone else will die, too. The patterns from which she cannot deviate become her shelter and her obsession.

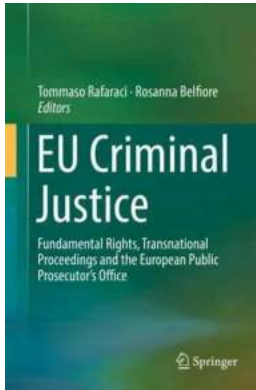
In college Abby is diagnosed with obsessive-compulsive disorder, and while she accepts this as an explanation for the counting and kissing and collecting, she resists labeling her fiercest obsession, certain that her prayers and her relationship with G-d are not an illness but the cure. She also discovers a new passion: performing comedy. She is never happier than when she dons a wig and makes people laugh. Offstage, however, she remains unable to confront the fears that drive her. She descends into darker compulsions, starving and cutting herself, measuring every calorie and incision. It is only when her earliest, deepest fear is realized that Abby is forced to examine and redefine the terms of her faith and her future.

Amen, Amen, Amen is an elegy honoring a mother, father, and beloved aunt who filled a child with music and their own blend of neuroticism. It is an adventure, full of fast cars, unsolved crimes, and close calls. It is part detective story, part love story, about Abby's hunt for answers and someone to guide her to them. It is a young woman's radiant and heartbreaking account of struggling to recognize the bounds and boundlessness of obsession and devotion.



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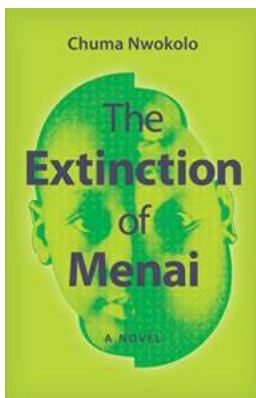
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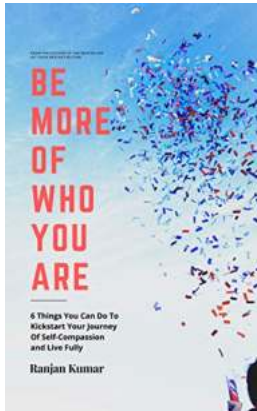
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James Jerger  
Jeffrey Martin  
Katherine Fitzharris

School of Behavioral and Brain Sciences  
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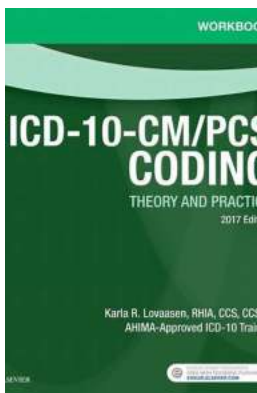
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