

Social Trauma: An Interdisciplinary Textbook

Understanding and Addressing Societal Wounds for a Better Future

Social trauma refers to the collective psychological and emotional distress experienced by a group or community resulting from a significant event or prolonged dysfunctional social conditions. It can arise from various forms of social injustice, violence, discrimination, or systemic oppression. To address and heal from social trauma, a multidimensional approach that combines insights from various academic disciplines is necessary.

The Need for an Interdisciplinary Approach

Traditional approaches to trauma solely focus on individual experiences, neglecting the wider societal context and its impact on mental well-being. A groundbreaking textbook titled "Social Trauma: An Interdisciplinary Perspective" aims to fill this gap by presenting a comprehensive analysis of social trauma through the lenses of multiple disciplines.

Key Topics Covered

1. Sociology and Social Trauma

Sociology delves into the structural and systemic factors that contribute to the creation and perpetuation of social trauma. This section explores how power dynamics, social inequality, and the marginalization of certain groups influence the prevalence of social trauma in different societies.

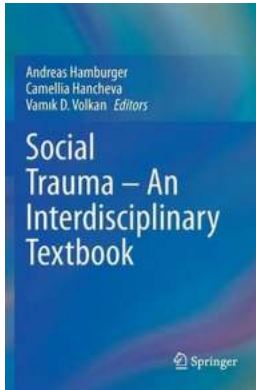
Social Trauma – An Interdisciplinary Textbook

by José Antonio Marina (1st ed. 2021 Edition, Kindle Edition)

★★★★☆ 4.1 out of 5

Language : English

File size : 2810 KB



Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 303 pages



2. Psychology and Trauma

Psychology plays a crucial role in understanding the individual and collective psychological impact of social trauma. It provides insights into the cognitive processes, emotional responses, and coping mechanisms individuals employ in response to traumatic events or conditions.

3. History of Social Trauma

Examining the historical context and legacy of social trauma allows us to understand how past events continue to shape present-day societies. This section provides a comprehensive analysis of different historical cases, such as slavery, colonization, wars, and genocide, and how these events have left lasting scars on affected communities.

4. Anthropology and Cultural Trauma

Anthropology explores the cultural aspects of social trauma, emphasizing the role of collective memory, rituals, and narratives in shaping societal responses and healing processes.

5. Political Science and Social Movements

Political science sheds light on how social movements emerge as a response to social trauma. It analyzes the dynamics of collective mobilization, activism, and policy-making to initiate transformative change and promote social justice.

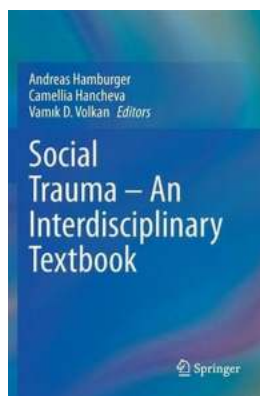
6. Education and Trauma-Informed Practices

Rethinking educational practices is essential in creating trauma-informed environments that facilitate healing and empower individuals affected by social trauma.

Why This Textbook Matters

This interdisciplinary textbook fills a void in the literature by providing a holistic understanding of social trauma. By combining insights from sociology, psychology, history, anthropology, political science, and education, it equips readers with the knowledge and tools to address social trauma effectively.

Recognizing and addressing social trauma is essential for building inclusive and resilient societies. "Social Trauma: An Interdisciplinary Textbook" offers a comprehensive exploration of this complex topic and serves as a valuable resource for academics, practitioners, policymakers, and anyone interested in promoting social justice and healing in our communities.



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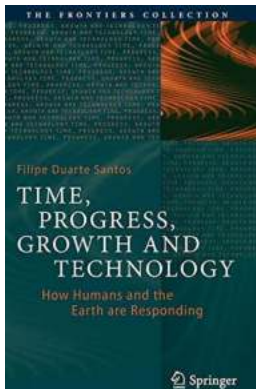
This book explores the intersection of clinical and social aspects of traumatic experiences in postdictatorial and post-war societies, forced migration, and other circumstances of collective violence. Contributors outline conceptual approaches, treatment methods, and research strategies for understanding social traumatizations in a wider conceptual frame that includes both clinical psychology and psychiatry. Accrued from a seven year interdisciplinary and international dialogue, the book presents multiple scholarly and practical views from clinical psychology and psychiatry to social and cultural theory, developmental psychology, memory studies, law, research methodology, ethics, and education.

Among the topics discussed:

- Theory of social trauma
- Psychoanalytic and psychotherapeutic approaches to social trauma
- Memory studies
- Developmental psychology of social trauma
- Legal and ethical aspects
- Specific methodology and practice in social trauma research

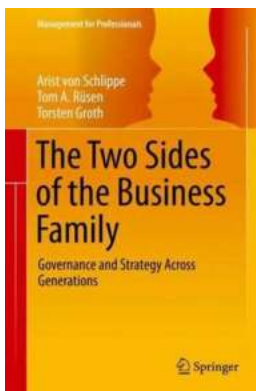
Social Trauma: An International Textbook fills a critical gap between clinical and social theories of trauma, offering a basis for university teaching as well as an overview for all who are involved in the modern issues of victims of social violence. It will be a useful reference for students, teachers, and researchers in psychology, medicine, education, and political science, as well as for therapists

and mental health practitioners dealing with survivors of collective violence, persecution, torture and forced migration.



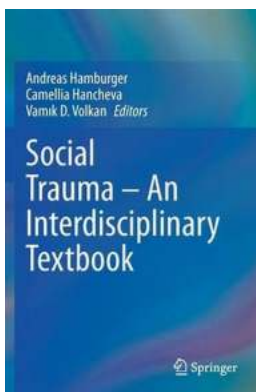
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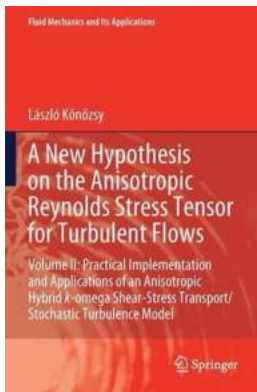
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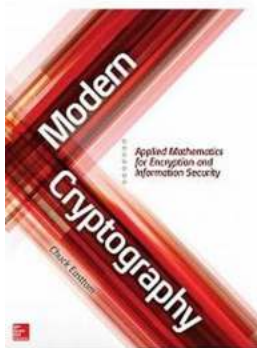
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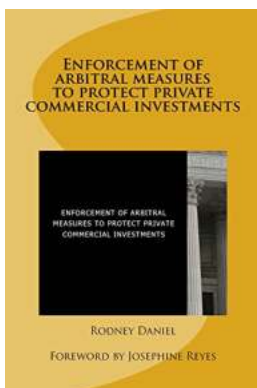
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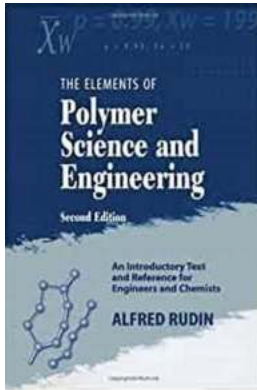
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