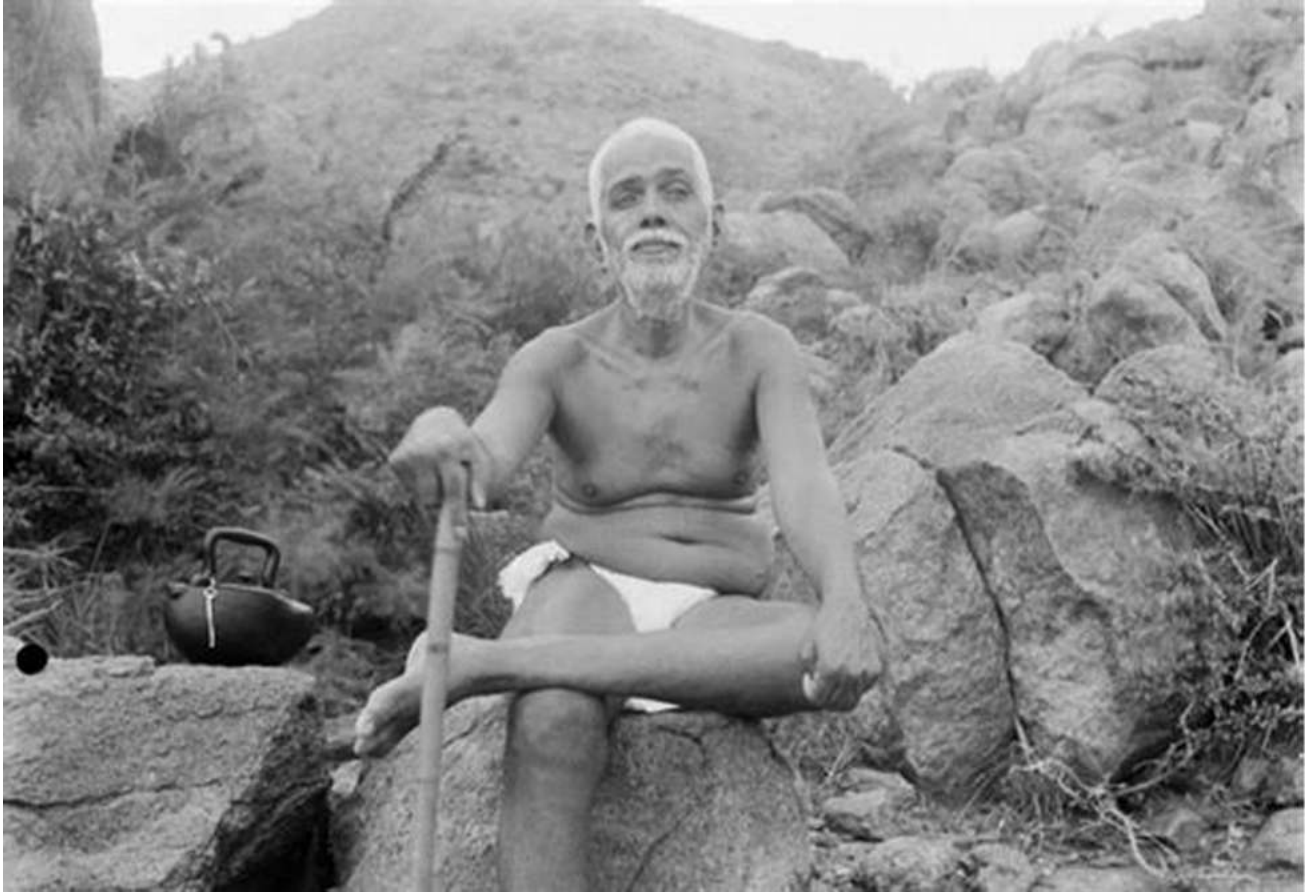


Ramana Maharshi: Discover the Path of Self Knowledge

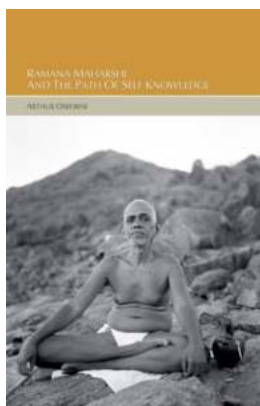


The Wisdom and Teachings of Ramana Maharshi

Ramana Maharshi, also known as Bhagavan Sri Ramana Maharshi, was a renowned Indian sage who shared profound wisdom about the path of self-knowledge. Born in 1879 in Tiruchuzhi, Tamil Nadu, he went on to become one of the most revered spiritual masters of the 20th century. Maharshi's teachings continue to inspire millions around the world, offering timeless guidance on self-realization and inner peace.

The Early Years and Spiritual Awakening

Ramana Maharshi's spiritual journey began at the age of sixteen when he experienced a profound sense of self-inquiry. This inner awakening led him to question the nature of his own existence, delving deeply into the fundamental question, "Who am I?". Renouncing his worldly possessions and leaving home, Maharshi embarked on a journey to discover the truth behind his own self.



Ramana Maharshi and the path of self-knowledge

by Arthur Osborne (Kindle Edition)

★★★★★ 5 out of 5

Language	: English
File size	: 752 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 193 pages
Lending	: Enabled



For several years, Maharshi wandered through the hills and forests of Tiruvannamalai, India, immersing himself in deep meditation and self-contemplation. It was during this time that he had a powerful spiritual experience that forever transformed his life. He realized that the true nature of his being was infinite consciousness, untouched by the transient experiences of the world.

The Sage of Tiruvannamalai

After this profound realization, Ramana Maharshi settled at the foot of the sacred Arunachala hill in Tiruvannamalai and became known as the "Sage of Tiruvannamalai." Word of his presence and teachings spread rapidly, attracting seekers and devotees from all walks of life. Despite his profound wisdom and

influence, Maharshi remained a humble and simple sage, radiating a sense of peace and tranquility that drew people to him.

Devotees would gather around Maharshi, seeking his guidance on matters of the soul and the nature of reality. He did not share complex philosophies or elaborate practices but instead emphasized self-inquiry as the direct path to self-realization. His teachings were simple, yet profound, encouraging individuals to investigate the nature of their own existence and discover the essence of who they truly are.

The Path of Self-Knowledge

Central to Ramana Maharshi's teachings was the practice of self-inquiry, known as "Atma Vichara" in Sanskrit. This practice involves turning the attention inward and investigating the fundamental question, "Who am I?". According to Maharshi, by examining the nature of our thoughts and emotions, we can ultimately realize that our true self is beyond the ever-changing mental fluctuations.

Maharshi emphasized the importance of staying rooted in the present moment, as it is only in the present that we can directly experience our true nature. He guided his followers to observe their thoughts without identification, allowing them to lose their grip on the ego and connect with the eternal consciousness that lies within.

The Power of Silence

One of the unique aspects of Ramana Maharshi's teachings was his emphasis on silence as a powerful tool for spiritual transformation. Maharshi often encouraged his disciples to engage in silent meditation and to cultivate a state of inner stillness. In that silence, seekers could experience a direct communion with their true self, transcending the limitations of language and concepts.

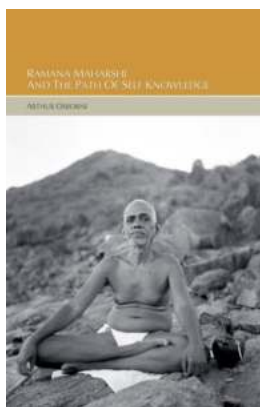
For Maharshi, silence was not merely the absence of words but a profound stillness that encompassed all existence. He believed that true understanding could not be conveyed through verbal teachings but had to be experienced in the depths of one's own being.

The Influence and Legacy

During his lifetime, Ramana Maharshi's teachings attracted countless seekers, including spiritual luminaries such as Mahatma Gandhi and Jiddu Krishnamurti. His profound wisdom continues to resonate with seekers all over the world, guiding them on the path of self-discovery and inner transformation.

Today, the ashram in Tiruvannamalai, known as the Sri Ramana Ashram, stands as a tribute to Maharshi's life and teachings. It serves as a sanctuary for devotees and seekers from around the globe, offering a space for self-inquiry, meditation, and spiritual guidance.

Ramana Maharshi's journey from self-inquiry to self-realization remains an inspiration for all seekers on the path of self-knowledge. His teachings continue to invite individuals to turn within, transcend the limitations of the ego, and discover the profound truth of their own existence.



Ramana Maharshi and the path of self-knowledge

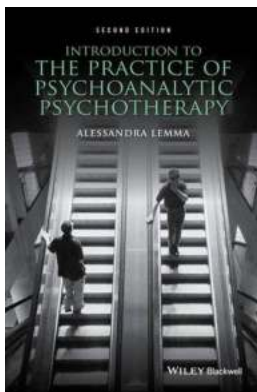
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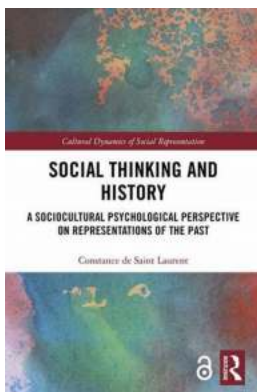


This is a comprehensive selection of dialogues with Sri Ramana Maharshi, with brief, insightful explanatory notes that clarify and simplify the practical application of his teachings. A well written and very popular biography which has done much to disseminate a knowledge of Sri Ramana Maharshi, both in India and abroad. Interesting chapters on "Upadesa" (teachings), "The Devotees," "The Mother," and "Continued Presence" contribute to this comprehensive profile of the Sage's unique life. (2010 6th EDITION)253pp



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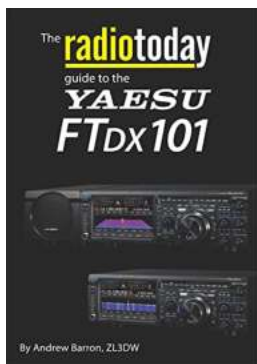
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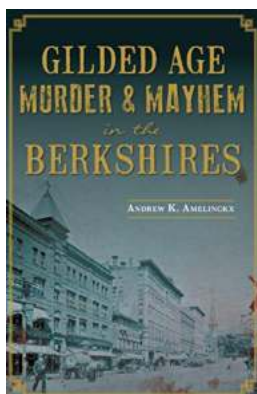
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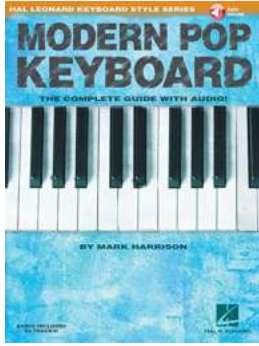
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