

Prescriptions For Raising Victorious Sons

In today's fast-paced world, raising sons who can conquer challenges and achieve success is a top priority for parents. As parents, we often wonder what we can do to ensure our sons have the tools necessary to navigate life's obstacles and emerge victorious. In this article, we will explore some valuable prescriptions for raising victorious sons, teaching them important values, providing them with mentorship, and guiding them towards a bright future.

Prescription 1: Instilling Confidence

One of the most crucial prescriptions for raising victorious sons is instilling confidence in them. Confidence is the foundation upon which success is built. Encourage your son to explore his interests and support him in his endeavors. Praise his efforts and celebrate his achievements, no matter how big or small. By helping your son build self-belief, you are giving him the strength to overcome obstacles and reach for greatness.



Taking a
LEAP
requires confidence!

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7 Prescriptions for Raising Victorious Sons: A Mother's Journey By Faith

by Kim Holman-Bell (Kindle Edition)

★★★★☆ 4.8 out of 5

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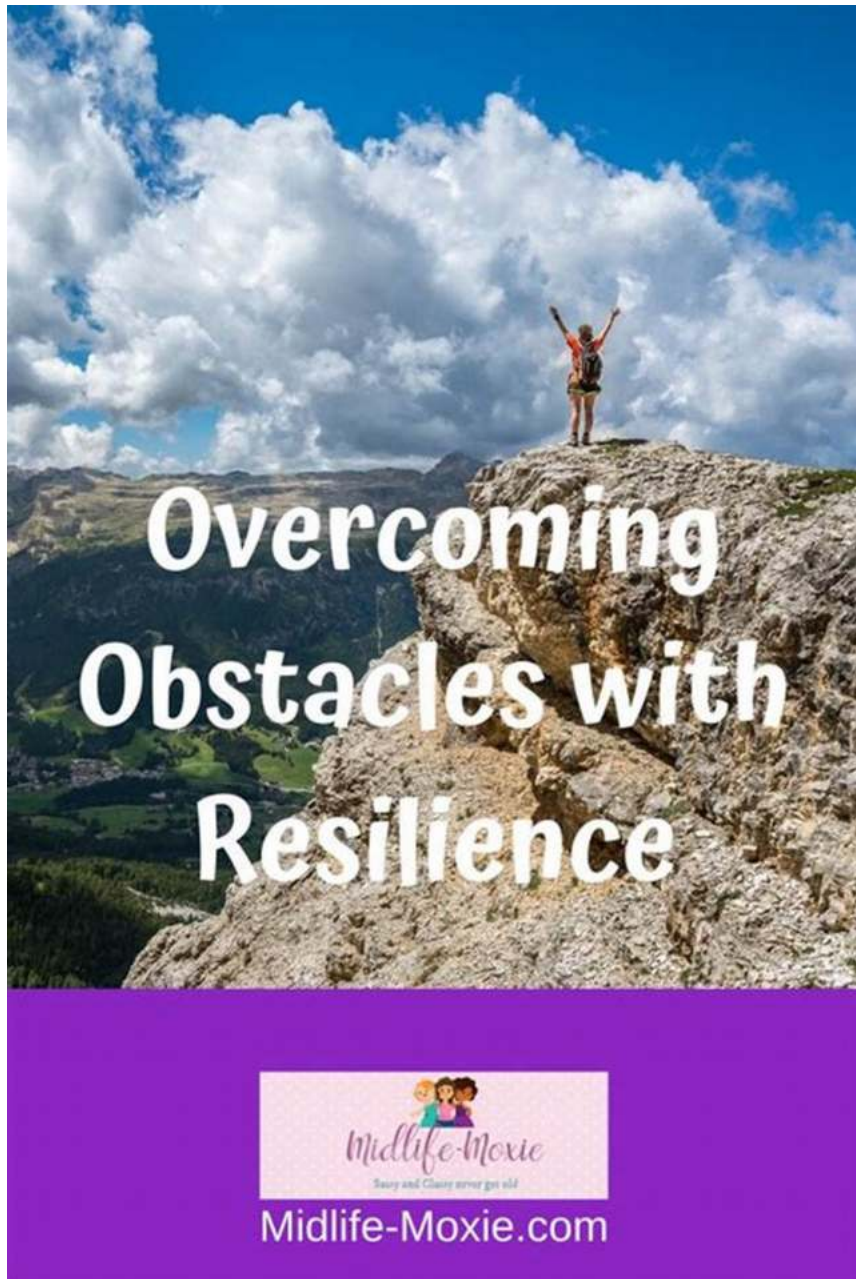
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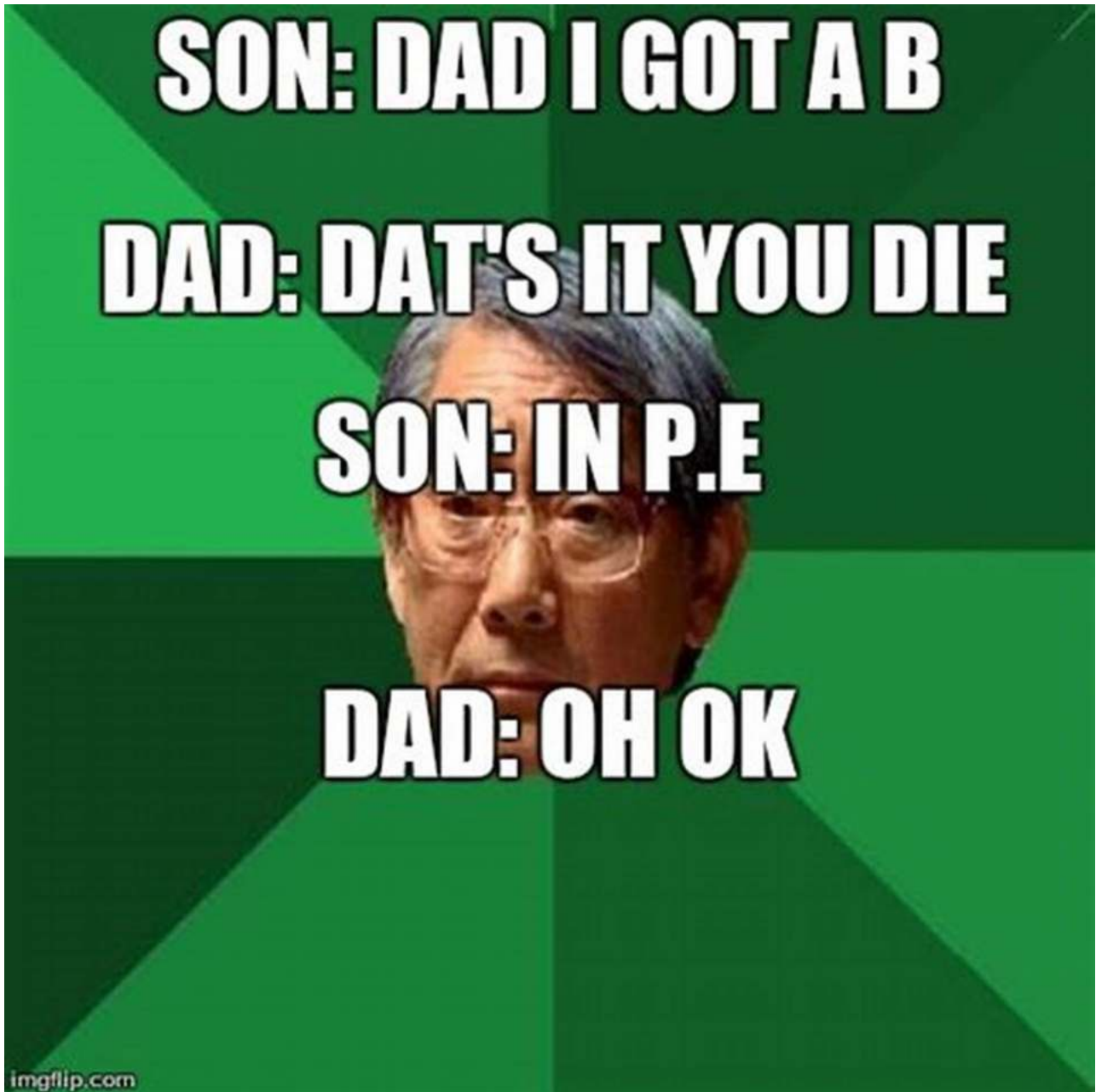
Prescription 2: Teaching Resilience

Resilience is a key attribute that separates victorious sons from the rest. Teach your son the importance of perseverance and bouncing back from failures. Encourage him to learn from disappointments and view them as stepping stones towards success. By teaching resilience, you are equipping your son to face challenges head-on and emerge stronger from them.



Prescription 3: Setting High Expectations

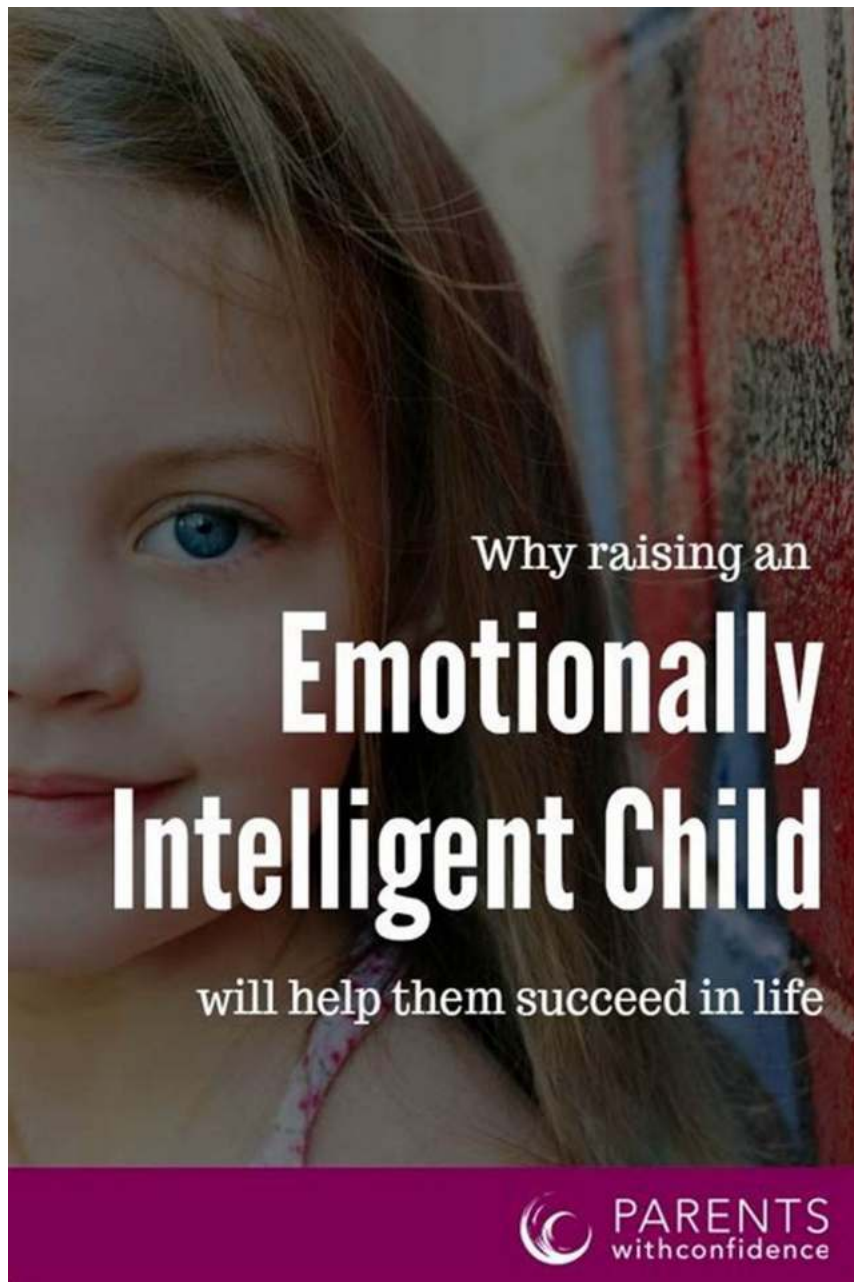
Setting high expectations for your son can motivate him to strive for excellence. Let him know that you believe in his capabilities and expect nothing less than his best efforts. However, it is crucial to strike a balance and ensure your expectations are realistic and achievable. By setting high expectations, you are challenging your son to reach his full potential and achieve greatness.



Prescription 4: Encouraging Emotional Intelligence

Emotional intelligence plays a significant role in personal and professional success. Encourage your son to be in touch with his emotions and teach him how to manage them effectively. Help him develop empathy and understand the perspectives and feelings of others. By fostering emotional intelligence, you are

equipping your son with the skills necessary to navigate relationships and thrive in various aspects of his life.



Prescription 5: Providing Positive Role Models

Having positive role models is vital for a child's development. Ensure your son is surrounded by individuals who embody the values and qualities you want him to emulate. Whether it's family members, friends, or notable figures, expose your

son to role models who have achieved success through hard work, integrity, and perseverance. By providing positive role models, you are giving your son examples to aspire to and learn from.



Prescription 6: Nurturing a Growth Mindset

A growth mindset is essential for continuous learning and improvement. Teach your son that intelligence and abilities can be developed through effort and dedication. Emphasize the importance of embracing challenges, seeking feedback, and never giving up. By nurturing a growth mindset, you are instilling in your son the belief that he can constantly improve and surpass his own limitations.

10 Growth Mindset Statements

FIXED MINDSET



What can I say to myself?

GROWTH MINDSET



INSTEAD OF:

TRY THINKING:

I'm not good at this.

I'm awesome at this.

I give up.

This is too hard.

I can't make this any better.

I just can't do Math.

I made a mistake.

She's so smart. I will never be that smart.

It's good enough.

Plan "A" didn't work.

1 What am I missing?

2 I'm on the right track.

3 I'll use some of the strategies we've learned.

4 This may take some time and effort.

5 I can always improve so I'll keep trying.

6 I'm going to train my brain in Math.

7 Mistakes help me to learn better.

8 I'm going to figure out how she does it.

9 Is it really my best work?

10 Good thing the alphabet has 25 more letters!

(Original source unknown)

@sylviaaduckworth

Prescription 7: Providing a Safe Space for Expression

Creating a safe space for your son to express himself freely is crucial. Encourage open communication and active listening. Validate his emotions and provide guidance when needed. By providing a safe space for expression, you are fostering a strong parent-child bond and helping your son develop strong communication skills, which are vital for success in all areas of life.



**THIS
IS A
SAFE
SPACE**

Prescription 8: Teaching Responsibility and Accountability

Responsibility and accountability are vital attributes for raising victorious sons. Teach your son to take ownership of his actions and choices. Help him understand the consequences of his decisions and encourage him to make responsible choices. By teaching responsibility and accountability, you are

equipping your son to make wise decisions and stand tall in the face of challenges.

Name: _____ Date: _____

MAKING SAFE CHOICES

The Curious Club learned a valuable lesson about the importance of making smart choices that will keep you healthy and safe.

**Read each scenario and determine if it's a safe or unsafe choice.
Write *SAFE* or *UNSAFE* on the line.**

<p>It's Halloween and you have a bag full of candy. Before getting home you sneak a few pieces and eat them.</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>You notice a bottle on the park bench but can't find the owner so you ask an adult for help.</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>You're over at a friend's house and see them taking pills that look like candy. You tell their parents what you saw right away.</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>You see children selling candy in your neighborhood. You decide to use your allowance to buy some but wait till you get home to eat it.</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>You and a friend are walking home and find candy that hasn't been opened. You both continue walking and leave it alone.</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>A friend has cough drops in their backpack at school. You like the taste of them and ask to have one.</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Your throat has been hurting for a while and your doctor gave you medicine to take. You wait for your parents to give it to you before taking it yourself.</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>You feel sick and decide to take stomach medicine on your own. You remember taking it before with your parents.</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>You are at a birthday party of one of your friends and you eat the candy that is in your party favor bag.</p> <p>_____</p> <p>_____</p> <p>_____</p>

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Prescription 9: Fostering Independence

Encouraging independence is essential for developing self-reliant and victorious sons. Allow your son to take on age-appropriate responsibilities and encourage him to make decisions independently. Offer guidance when needed but provide

space for him to learn from his experiences. By fostering independence, you are empowering your son to become self-sufficient and confident in his abilities.



Prescription 10: Cultivating a Love for Learning

Instilling a love for learning is a prescription for raising sons who are always eager to acquire knowledge and grow. Foster a curiosity-driven mindset by exposing your son to diverse subjects and encouraging exploration. Celebrate his achievements in academics and other learning endeavors. By cultivating a love for learning, you are igniting a passion within your son that will drive him towards future success.



Raising victorious sons requires a deliberate approach. By following these prescriptions, you can provide your son with the foundations he needs to navigate life's challenges and emerge triumphant. Remember to be a source of unwavering support and encouragement, guiding him towards a future filled with boundless opportunities. Together, we can raise a generation of victorious sons ready to make their mark on the world!



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Low achievement in education. Lack of enrichment experiences. Poor social skills. A lack of understanding their role in continuing a positive legacy. Those are just a few of the misfortunes today's generation encounters regularly.

Coming from a family of medical professionals, entrepreneurs, educators, military members, professors, and a lawyer, Kim Holman-Bell knew she, too, was expected to succeed—an expectation set early on in her childhood.

On the pages of *7 Prescriptions for Raising Victorious Sons: A Mother's Journey By Faith*, you are provided with pearls of wisdom that are sure to inspire the vision of success for sons of all ages. From carefully choosing a husband and father for your sons to instilling responsibility, encouraging community service, and more, this thought-provoking piece of literary art speaks from Kim's heart. Having successfully raised three sons of her own, she is truly one who has "walked the walk and can talk the talk."

As you "fill" each prescription contained herein, be empowered by the words and personal experiences shared. Read how God's Holy Word guided Kim and her husband, Charles, every step of the way as their three sons set out to make their mark in the world to leave their own legacy!



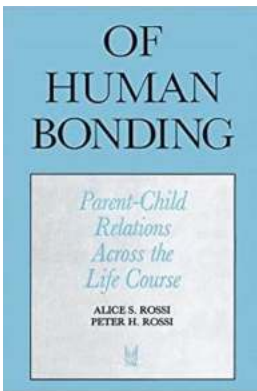
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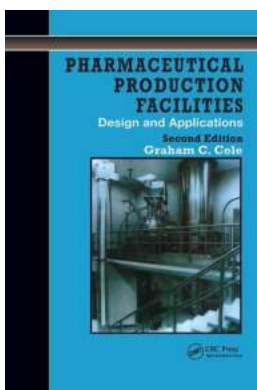
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