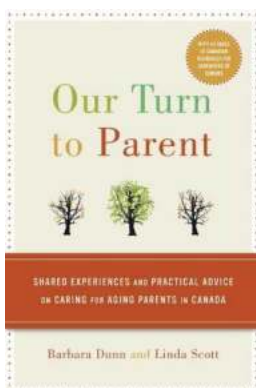


# Our Turn To Parent: Embracing Parenthood in the 21st Century

Being a parent is a fulfilling yet challenging journey. As we enter the 21st century, there is a need for a shift in how we approach parenthood. Gone are the days when the responsibilities were solely on the shoulders of mothers; it's 'Our Turn To Parent' now.

Parenthood is no longer viewed through a gendered lens. Fathers today are actively involved in childrearing and are breaking the traditional stereotypes. The term "parent" applies to both mothers and fathers, highlighting the importance of shared responsibilities and equal partnership in raising children.

One of the key aspects of embracing parenthood in the 21st century is the need for work-life balance. Many parents find themselves juggling between their careers and raising children. Our Turn To Parent emphasizes the importance of finding that equilibrium and creating an environment where both parents can actively participate in their child's upbringing without compromising their professional pursuits.



## Our Turn to Parent: Shared Experiences and Practical Advice on Caring for Aging Parents in Canada

by Ndivho Makhwanya (Kindle Edition)

★★★★★ 5 out of 5

Language : English  
File size : 3231 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 274 pages



The shift towards gender-neutral parenting is gaining momentum. It involves challenging societal norms and providing equal opportunities for both boys and girls. Gender-neutral parenting encourages children to explore their interests and talents without being limited or defined by traditional gender roles. It fosters inclusivity and helps create a more equitable society.

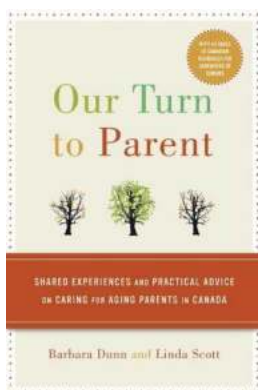
Technology has become an integral part of our lives; it has also transformed how we parent. From baby monitors to educational apps, technology has provided parents with tools to enhance their child's development. Our Turn To Parent explores the positive role technology plays in parenting while also addressing potential concerns and advocating for responsible usage.

Parenting is a journey of continuous learning. Our Turn To Parent emphasizes the importance of seeking knowledge and support from various sources. From books and online resources to parenting communities and support groups, there is a wealth of information available for parents. This article aims to provide valuable insights and practical advice to help parents navigate the challenges of modern-day parenting.

Another crucial aspect emphasized by Our Turn To Parent is the significance of mental and emotional well-being. Parenthood can be overwhelming, and it is essential for parents to prioritize their own self-care. Taking care of one's mental health not only benefits the parent but also positively impacts the entire family dynamic. This article delves into strategies and resources that can aid parents in maintaining their mental well-being.

Our Turn To Parent also sheds light on the importance of fostering healthy relationships within the family unit. Open communication, active listening, and spending quality time together are essential elements for building strong bonds. This article explores tips and activities that can help parents cultivate a loving and nurturing environment for their children.

In , Our Turn To Parent advocates for a paradigm shift in modern-day parenting. It encourages parents to embrace equal partnership, gender-neutral parenting, work-life balance, responsible technology usage, continuous learning, mental well-being, and fostering healthy relationships. By adopting these principles, we can create a brighter future for our children and ourselves.



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No one can anticipate what it will be like for you the day you discover you must become a caregiver for one or both of your parents. As you begin to care for them, you will be filled with questions and looking for advice. Our Turn to Parent shows you how to work with your parent to become their caregiver and their champion, and it provides the tools you need to make decisions and feel

confident that you are doing right by your aging parents. With stories from real lives, it also offers honest and personal anecdotes about surviving these trying times. Our Turn to Parent is the best and most thorough caregivers' guide available in Canada today.

Our Turn to Parent offers practical advice on

- deciding when you need to step in and help
- developing the caregiver relationship with your parents
- discussing with the family your parents' hopes and plans for the future
- adapting the home so that it is safe and comfortable for their evolving needs
- finding appropriate care and help in your community
- choosing the right place for your parent to live should independent living no longer be possible
- navigating the medical system
- organizing your parents' finances before they become incapacitated
- making clear your parents' personal care and end-of-life wishes
- caring for yourself

"I have found the last few years to be the most challenging in my life and the most fulfilling.... I have laughed with my mother and cried with my mother, but most of all I have been there for her as she was for me as I was growing up."—A

Caregiver's Story



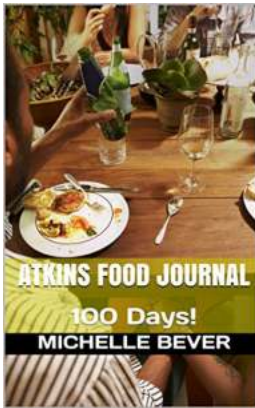
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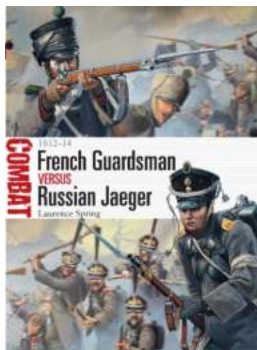
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