

# Live Free Exceed Your Highest Expectations

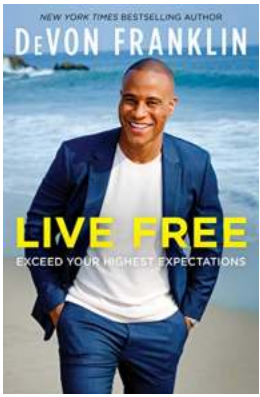
Living free and exceeding our highest expectations is a concept that resonates with many individuals. We all want to feel liberated, accomplished, and fulfilled in various aspects of our lives. Whether it's in our careers, relationships, or personal development, striving to exceed expectations can lead us towards a more fulfilling and successful life. In this article, we will explore different strategies and mindset shifts that can help you live free and surpass your highest expectations.

## Setting Meaningful Goals

One crucial step in achieving a life beyond your expectations is setting meaningful goals. It's important to define what success and fulfillment mean to you. Take some time to reflect on your passions, values, and aspirations. Based on these, identify specific, relevant, achievable, and time-bound goals. Write them down and create an action plan to work towards them. By having clear goals, you will have a roadmap that guides you towards living a life that exceeds your own expectations.

## Building a Growth Mindset

Developing a growth mindset is essential for surpassing your highest expectations. Embrace challenges, learn from failures, and see obstacles as opportunities for growth. By cultivating a positive and open mindset, you allow yourself to continuously learn and improve. Understand that failures and setbacks are part of the journey towards success. Use them as stepping stones to propel you forward. With a growth mindset, you will be more resilient, adaptable, and ready to tackle any obstacles that come your way.



## Live Free: Exceed Your Highest Expectations

by DeVon Franklin (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English

File size : 1390 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 281 pages

X-Ray : Enabled



**Embracing Creativity and Innovation**

To live free and exceed your highest expectations, it's important to embrace creativity and innovation. Think outside the box and explore new ideas and perspectives. Challenge conventional thinking and find unique solutions to problems. Encourage yourself to step out of your comfort zone and venture into uncharted territories. Embracing creativity and innovation allows you to tap into your full potential and discover new possibilities that can surpass even your wildest dreams.

## **Cultivating a Supportive Network**

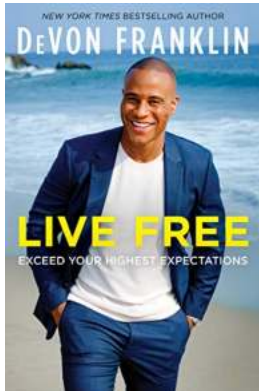
Surround yourself with like-minded individuals who support and inspire you. Building a strong network of mentors, friends, and colleagues can greatly contribute to your personal growth and success. Share your goals and aspirations with them, seek their advice, and learn from their experiences. A supportive network can provide valuable insights, guidance, and motivation to help you consistently exceed your own expectations. Remember to also be supportive to others, as collaboration and mutual growth are key to living free and reaching new heights.

## **Practicing Self-Reflection and Self-Care**

In the pursuit of exceeding expectations, it's crucial to take the time for self-reflection and self-care. Regularly assess your progress, identify areas for improvement, and celebrate your achievements. Set aside time for mindfulness, meditation, or any activity that helps you reconnect with yourself and recharge. Prioritize your physical and mental well-being, as it directly impacts your ability to excel and go beyond what you thought possible.

Living free and exceeding your highest expectations requires dedication, perseverance, and a willingness to challenge yourself. By setting meaningful goals, cultivating a growth mindset, embracing creativity and innovation,

surrounding yourself with a supportive network, and practicing self-reflection and self-care, you can unleash your full potential and achieve a fulfilling life that exceeds even your wildest dreams. Embrace the journey and let go of any limiting beliefs. Live free and soar to new heights!



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The bestselling author returns with his biggest book yet in which he teaches us the secret to living a happier life: get rid of as many expectations as possible—of ourselves, our future, our relationships, our career and our family.

Expectations are the secret software, running on the hardware of our minds, controlling our emotions, decisions, and actions. How?

Think about your life. How much of the sadness you feel derives from what you think should have happened—than with what actually happened?

Think about your career. How much of the discontent you feel comes from your belief about where you'd be at this point—than with the progress you've actually made?

Think about your relationships. How much of your dissatisfaction with friends, family, significant others, or spouses has to do with your unspoken presumptions —than with the people themselves?

Having so many expectations is distorting your perspective, decreasing your happiness and disrupting your joy.

You can live a life of true freedom, greater peace and less stress: release as many expectations as possible.

This, DeVon Franklin argues, is the secret to a better life now.

In a culture obsessed with more, Live Free is a bold counterintuitive book that can start a cultural revolution, Franklin contends.

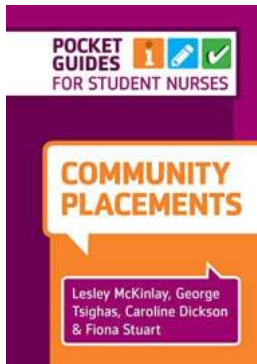
Everyone struggles with unnecessary expectations. But once you learn to let go of them, you can set the stage for the life you've always wanted.



## **The Way Through The Woods: A mesmerizing journey into the heart of nature**

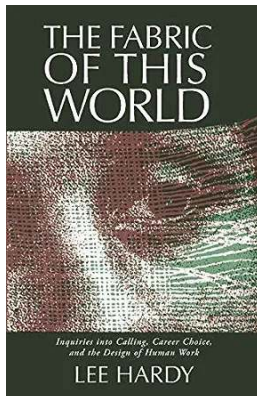
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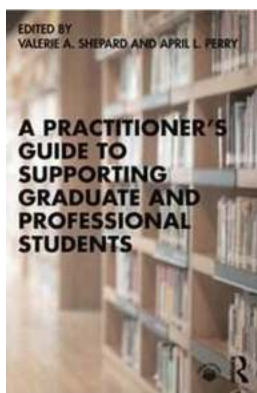
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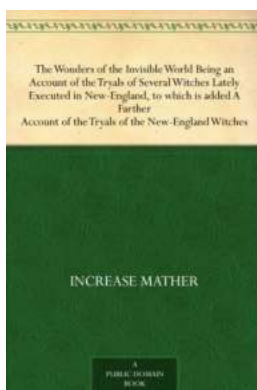
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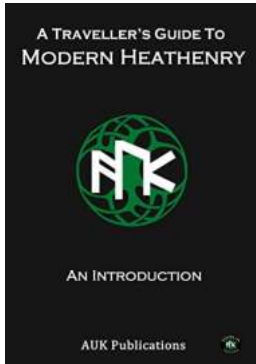
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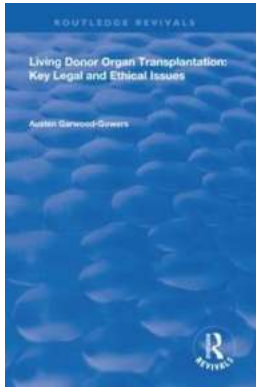
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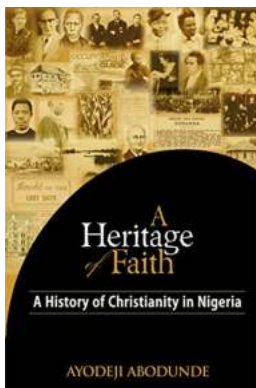
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