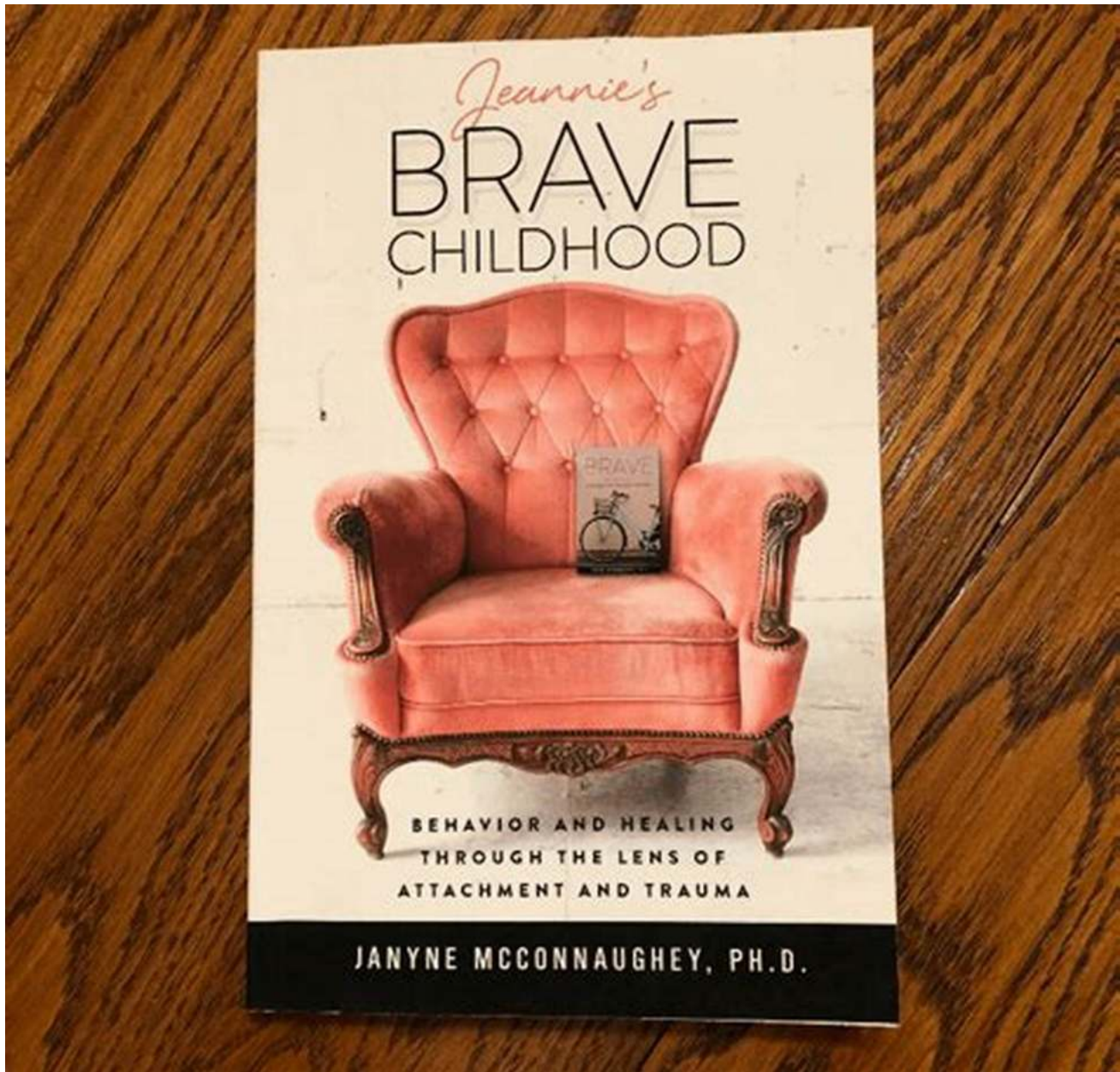
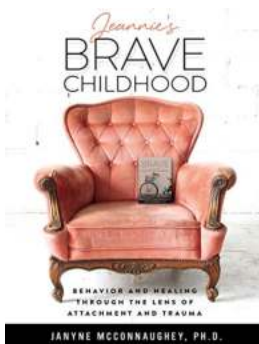


Jeannie Brave Childhood - A Tale of Adventure and Curiosity



Once upon a time, in a quaint little town tucked away amidst rolling hills and lush greenery, there lived a spirited young girl named Jeannie. Her childhood was anything but ordinary; it was an extraordinary chapter filled with endless adventure, boundless imagination, and insatiable curiosity.

From an early age, Jeannie possessed an insurmountable curiosity that constantly ignited within her an unquenchable thirst for knowledge. She looked at the world through a different lens, always seeking to unravel its mysteries and uncover hidden wonders that lay beneath the surface.



Jeannie's Brave Childhood : Behavior and Healing through the Lens of Attachment and Trauma

by Janyne McConnaughey PhD (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English

File size : 2112 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 195 pages

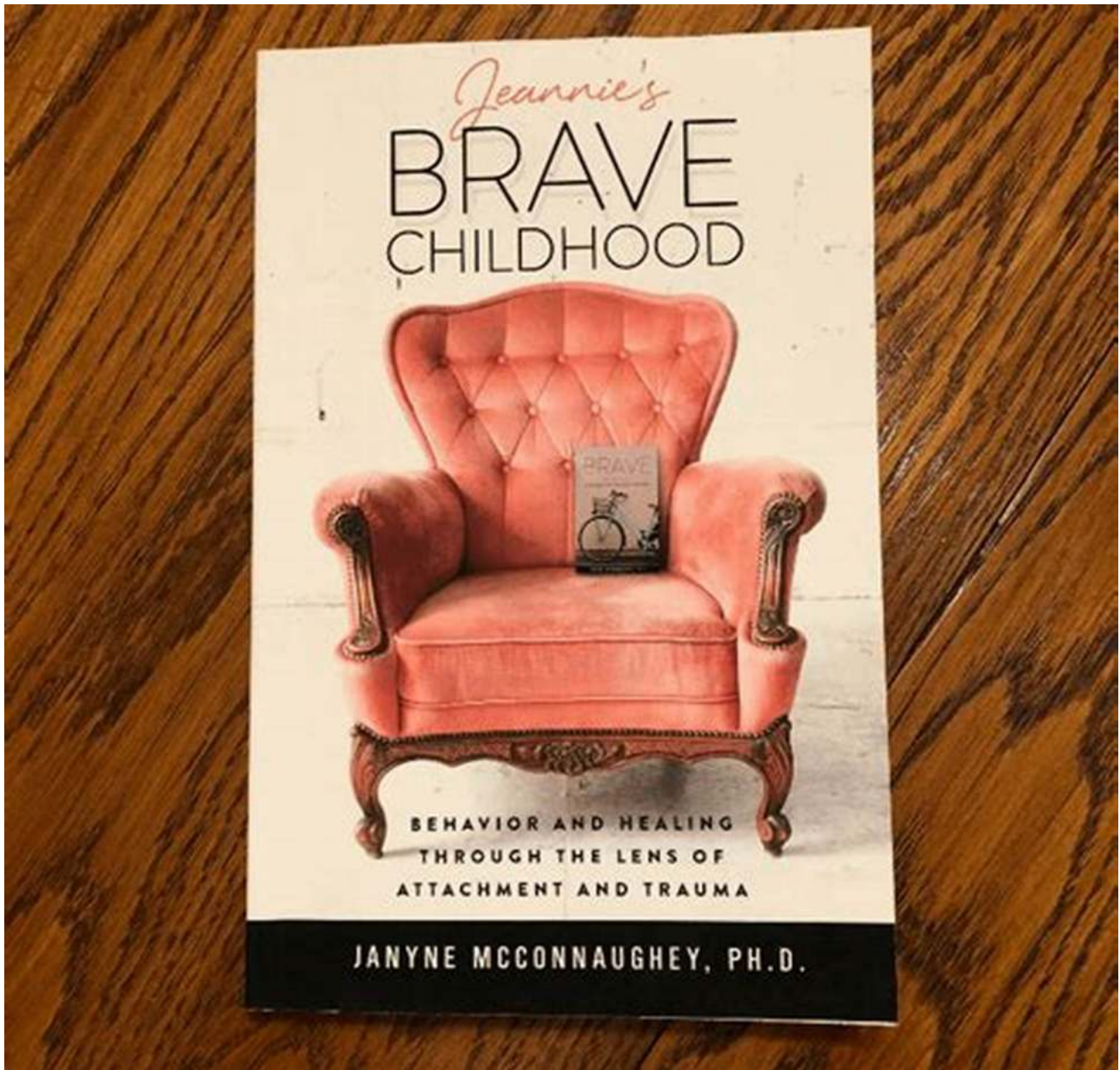
Lending : Enabled



Jeannie's mornings often began with her sneaking out of the house to greet the rising sun, as if in some secret companionship. She would embark on her expeditions through the thick forests that surrounded her hometown, creating her own magical stories in her mind with each step she took.

Accompanied by her loyal companion, a trusty magnifying glass in hand, Jeannie would inspect every leaf, flower, and creature that crossed her path. She believed that even the tiniest details held secrets waiting to be discovered. With her childlike wonder, she transformed ordinary rocks into sparkling treasures and whispered stories to ancient trees that seemed to listen intently.

One of Jeannie's favorite spots was a hidden clearing she stumbled upon during one of her explorations. It was a place shrouded in tranquility, where golden rays of sunlight filtered through the canopy of trees, creating a mesmerizing dance of light and shadow. She named it the "Whispering Meadow" due to its enchanting symphony of rustling leaves and chirping birds.



Jeannie would spend hours there, lying on the soft bed of grass, her imagination taking flight as she watched the clouds form shapes in the sky. It was in this

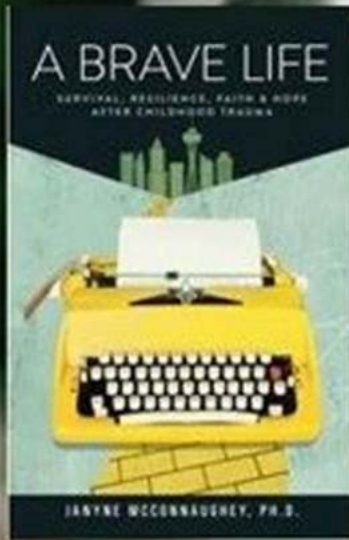
sanctuary that she dreamt of faraway lands, distant galaxies, and uncharted territories.

But Jeannie's explorations extended beyond the realms of nature. She was an avid reader, constantly immersing herself in books that transported her to unimaginable worlds. From climbing towering mountains to diving deep into the ocean depths, Jeannie lived countless adventures through the pages that transported her beyond the confines of her town.

Her attic served as her personal treasure trove where she stored all her newfound knowledge and collections—maps of unexplored territories, fossils, and artifacts from past civilizations. Hours upon hours were spent studying these relics, connecting the dots between different eras, and piecing together puzzles that only her young mind could fathom.

Jeannie's inquisitiveness led her to develop a deep love for science, especially astronomy. She would spend nights beneath a star-spangled blanket, fascinated by the cosmic ballet unfolding above. With her telescope as her trusty guide, she sought to unravel the mysteries of the universe, yearning to uncover the secrets hidden among the constellations.

Image Credit: Janko Ferlič on Unsplash.



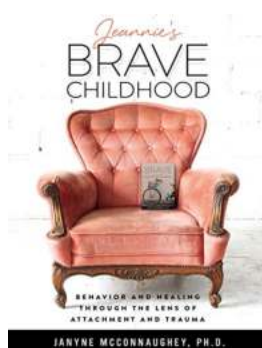
[Jesus] gazed deeply into Ten's eyes and said, "I loved you from the moment you were created, and I am always with you. You didn't have to ask me to be with you—I have always been there."

Jeannie's bravery and natural curiosity often inspired others around her. Her peers recognized her unique spirit and were captivated by the stories she spun, which transcended their ordinary lives. She became a beacon of inspiration, reminding everyone that within each of us lies the potential for discovery and adventure.

As Jeannie grew older, her young explorations laid the foundation for a remarkable future. She pursued her dreams relentlessly, becoming a renowned scientist and explorer, dedicated to unraveling the secrets that the world held.

Even today, Jeannie's childhood tales continue to inspire countless others, reminding them of the magic that lies within the embrace of curiosity and the wonders that await those brave enough to embark on their own adventures.

Jeannie Brave Childhood - a story of a girl who dared to dream, explore, and conquer.



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The author interweaves parts of her own dissociative-personality story and her expertise in child development with beloved literary characters to demonstrate how she worked to re-frame the unhealthy messages she internalized as a child. This healing process cleared a path to behavioral change, forgiveness, growing faith, and the rediscovery of simple joys. The unfolding relationship between the author and her child self, Jeannie, illustrates the dedication, trials, and triumphs inherent in developing an attachment relationship that is necessary for full healing.

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EDITORIAL REVIEWS:

'I strongly recommend this book to educators who wish to understand their students who may be dissociating in class.'

~Dr. MELISSA SADIN, Attachment and Trauma Network

'Janyne generously and openly brings the reader into her process of healing from her childhood trauma. If you want a real-time glimpse into the minds and hearts of children who are living their truths of coping with maternal neglect...if you want a deeper understanding of childhood trauma and healing...read this book.' ~LIZ HUNTER, MFT

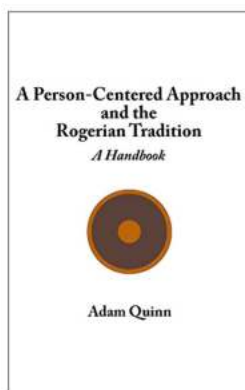
'With creativity and honesty, Janyne McConnaughey goes deep. Using a narrative approach to explore pain, trauma, and healing, Janyne carries her readers along with insightful prose. This is a great followup to Brave!.' ~THOMAS JAY OORD, author of God Can't: How to Believe in God and Love after Tragedy, Abuse, and Other Evils

'Janyne McConnaughey continues writing her way into our hearts with [this] playful and imaginative labor of love. Insightful and hope-filled. A fantastical weaving of story, instruction and resilience.' ~LON MARSHALL, MFT

'In this clever follow-up to Brave, Janyne interweaves the story of her childhood selves with that of Alice and her trip to Wonderland. This heart-wrenching, harrowing, hopeful story has changed the way I approach ministry. It is a must read for those who hope to minister effectively to the many in their congregations who have experienced childhood trauma.' ~SUSAN ARMSTRONG, DM, pastor of care and discipleship

'A masterful journey into a human psyche deeply affected by the dragon of trauma. A candid and gifted storytelling and fascinating integration of the latest findings in trauma research, attachment theory, self-compassion and forgiveness. Janyne's reflections on God in the aftermath of trauma is paradigm shifting and invaluable. This book is not only for those affected by trauma, but also for therapists desiring to understand their heroic clients more deeply and walk alongside them more effectively.' ~MARK KARRIS, author of *Season of Heartbreak: Healing for the Heart, Brain, and Soul*

'A masterpiece, cohesive and expertly crafted. As an educator, I believe this book will enable anyone who works with children to see the unseen, to better recognize and touch with grace the heart of a silent sufferer.' ~SUSAN ELAINE JENKINS, author of *SCANDALON*



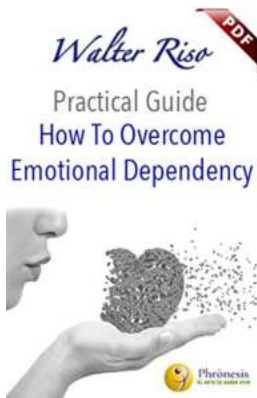
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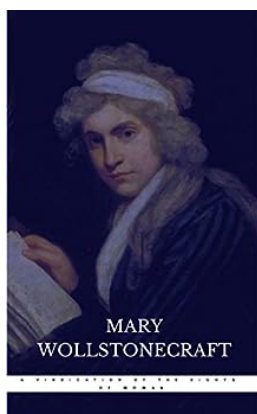
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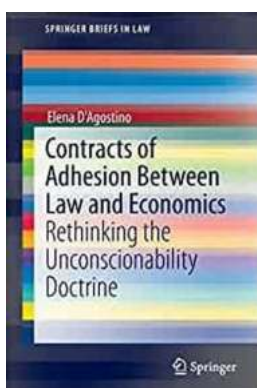
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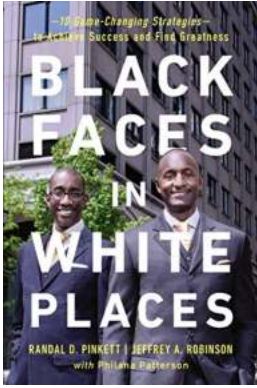
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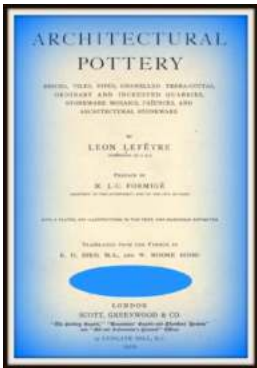
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