

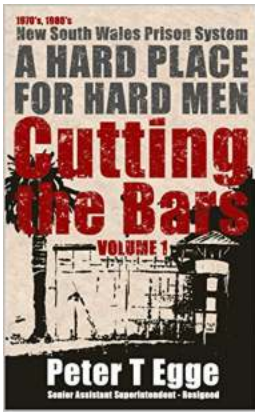
# Hard Place For Hard Men: Embracing Challenges



If you believe life is all about comfort and ease, think again. In a world that constantly throws challenges our way, it is the hard place where real hard men are born. Embracing difficulties and conquering them is what distinguishes those who merely exist from those who truly live.

## Unlocking Inner Strength

When faced with a hard place, many tend to shy away or look for an easy way out. However, it is important to realize that these tough situations act as catalysts for personal growth. They push us beyond our perceived limits and unlock our untapped inner strength.



## Cutting The Bars: A hard place for hard men

by Radu Cinamar (Kindle Edition)

★★★★☆ 4.1 out of 5

Language : English  
File size : 1190 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 83 pages  
Lending : Enabled



Imagine a rock climber attempting to conquer a steep cliff. The journey upwards is daunting, filled with obstacles and uncertainties. But as he pushes himself through sheer determination and resilience, he gradually uncovers his true potential. Every step forward becomes a triumph against adversity.

### Overcoming Fear and Failure

One of the defining characteristics of hard men is their ability to confront fear and failure head-on. Rather than letting these obstacles deter them, hard men view them as stepping stones towards success.

Failure is not something to be feared, but a valuable lesson that provides an opportunity for growth. Each stumble and setback along the way is a chance to learn, adapt, and come back stronger. Hard men recognize that resilience is built by constantly pushing boundaries and refusing to succumb to fear.

### Defying Society's Expectations

In a world that often glamourizes comfort and mediocrity, hard men stand out by defying societal norms and expectations. They refuse to settle for a life of complacency and instead seek out challenges that will push them to their limits.

The pursuit of excellence requires stepping out of one's comfort zone and embracing discomfort. Hard men understand that success is not handed to them on a silver platter; rather, it is earned through hardships and sacrifices.

## **Thriving in Adversity**

When faced with a hard place, the true measure of a hard man is how he thrives in the face of adversity. Rather than letting hardships break him, he embraces the challenges and emerges stronger on the other side.

Think of a marathon runner training for a grueling race. Every long-distance run, every blister, and every moment of exhaustion builds his endurance and mental fortitude. When race day arrives, he is equipped with the resilience to conquer any obstacle that comes his way.

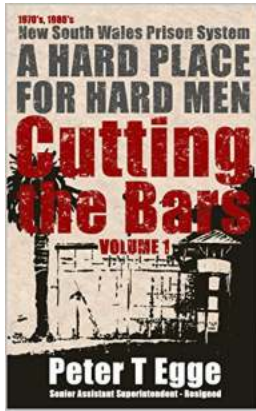
## **Embracing the Journey**

The hard place is not a destination but a journey. It is a path that transforms ordinary men into extraordinary beings. Every hardship we encounter shapes our character, molds our values, and molds us into the best versions of ourselves.

So, instead of shying away from difficult situations, let us embrace them wholeheartedly. Let us become the hard men that our world so desperately needs – men who persevere, men who embrace challenges, and men who never settle for anything less than greatness.

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I joined the New South Wales Department of Corrective Services on 10th May 1971 as a Probationary Prison Officer. During my training school I was told many times that I would be advised to leave work at work and never go home or to the pub and talk about Gaols. What happens behind the walls was to stay behind the walls.

It was not until after my service came to an end, did I come to realise that the type of secrecy that had been embedded into my brain was very wrong on many levels. My wife and family, my parents, my siblings and extended families, as well as my friends would watch in horror at the news headlines knowing I was there, yet rarely spoke about it. Headlines such as “Gaol Riots”, “Death in Custody”, “Prison Officer Bashed” and “Prison Officer Taken Hostage”, just to give a small example of occurrences that happened were common place, as I worked my way through the ranks, ultimately reaching the high and distinguished rank of Senior Assistant Superintendent, a Commissioned Officer.

There was never a signing of any secrecy act or some kind of formal agreement, it was, simply put, the recommended thinking of the era. It was the way Gaols were run in those days. They were harsh, disciplined places to be in, regardless

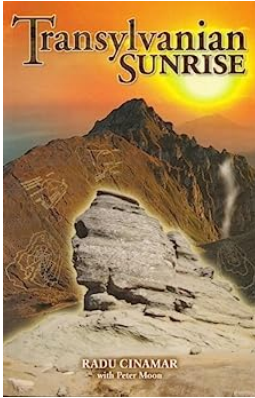
of which side of the bars you were on. I can see now that the old secrecy behind the wall achieved nothing for either the prisoners or the Prison Officers than to protect the wrong doers and inflame political groups and agitators such as the “Prisoner’s Action Group”.

Thus very few books have been written about New South Wales prisons by Prison Officers, whether it is because of some misguided loyalty to the unofficial code of silence, or for some other reason I’m not entirely certain. With few exceptions, there is a huge void in literature revealing the history of the prison system during the time I worked in the New South Wales system in the 1970’s and 1980’s, written by the people who were actually there, namely Prison Officers.

My first book “ITS ALL IN THE FALL” was about my personal experiences in which I was directly involved or was sitting on the peripheral edge of every event depicted in the book. I have an abundance of factual stories to tell you in this book that occurred in which I was personally involved during my time working in the Prison system and I will also be telling factual stories that happened during that time that had nothing to do with me. My aim is to open up the New South Wales Prison System to the public and show the reader what it was really like behind the secret walls of the Gaol that I loved to work in. This is why I have given my book the emblematic name of “Cutting the Bars”. I invite you to sit back and enjoy this factual and fascinating read as we explore the New South Wales Prison System in the period during the 1970’s and 1980’s

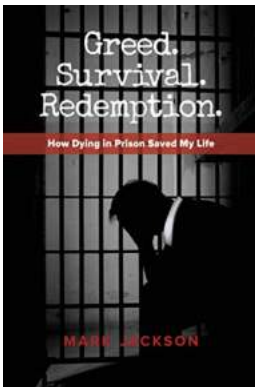
Peter T. Egge

Senior Assistant Superintendent (resigned)



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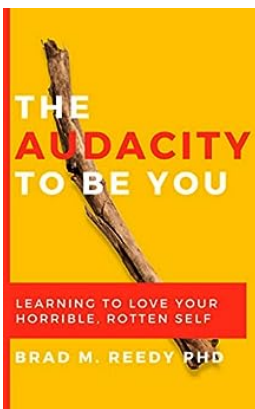
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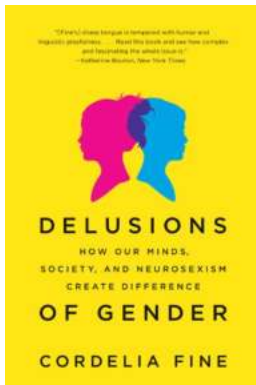
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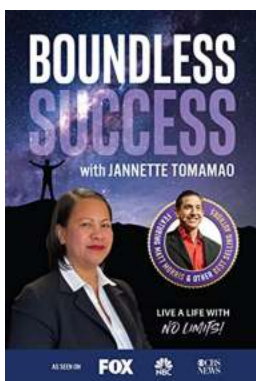
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