

Guide To Make Disinfectant And Hand Sanitizer At Home Plus Bonus To Make

During times when cleanliness and hygiene are of utmost importance, knowing how to make your own disinfectant and hand sanitizer at home can be incredibly useful. Not only will it allow you to save money, but it also gives you control over the ingredients used, ensuring that you are using safe and effective products.

Making Your Own Disinfectant

Disinfectants play a vital role in killing germs and preventing the spread of diseases. Here is a simple guide to making your own effective disinfectant at home.

Ingredients:

- Isopropyl alcohol
- Hydrogen peroxide
- Water
- Essential oils (optional)

Instructions:

1. Start by using a clean, empty spray bottle. Ensure it is properly sanitized.

Hand Sanitizer: A guide to make disinfectant and hand sanitizer at home, plus a bonus to make homemade face mask by Andrea Warreth (Kindle Edition)

★★★★★ 5 out of 5



2. Pour 2 cups of isopropyl alcohol into the spray bottle.
3. Add 1 cup of hydrogen peroxide.
4. Add 1/4 cup of water.
5. Optionally, add a few drops of essential oils for a pleasant scent.
6. Secure the spray bottle cap and shake well to mix all the ingredients thoroughly.
7. Your homemade disinfectant is ready to use. Simply spray it on surfaces and let it sit for a few minutes before wiping it off with a clean cloth.

Making Your Own Hand Sanitizer

Hand sanitizers are essential for maintaining hand hygiene when soap and water are not readily available. Follow this guide to make a hand sanitizer at home.

Ingredients:

- Isopropyl alcohol (99% alcohol content)

- Aloe vera gel
- Essential oils (optional)

Instructions:

1. Prepare a clean container to store your hand sanitizer.
2. Pour 2/3 cup of isopropyl alcohol into the container.
3. Add 1/3 cup of aloe vera gel.
4. Optionally, add a few drops of essential oils for a pleasant fragrance and added antimicrobial properties.
5. Use a clean spoon or whisk to mix all the ingredients together until well blended.
6. Transfer the mixture into small, portable bottles for easy use.
7. Your homemade hand sanitizer is now ready to use. Apply a small amount to your hands and rub them together until dry.

Bonus: Making Natural Surface Cleaner

In addition to disinfectants and hand sanitizers, having a natural surface cleaner can help you maintain a clean and safe environment in your home. Here's how you can make your own using simple ingredients.

Ingredients:

- Vinegar
- Lemon juice

- Water
- Baking soda
- Essential oils (optional)

Instructions:

1. Mix equal parts vinegar and water in a spray bottle.
2. Add a few tablespoons of lemon juice to the mixture.
3. Optionally, add a teaspoon of baking soda for additional cleaning power.
4. If desired, add a few drops of essential oils for a refreshing scent.
5. Shake the bottle well to combine all the ingredients.
6. Use the natural surface cleaner on countertops, sinks, and other surfaces by spraying it and wiping it off with a cloth.

With these simple guides, you can create your own disinfectant, hand sanitizer, and natural surface cleaner at home. Remember to label your homemade products properly and store them safely to avoid any accidents. Enjoy the benefits of clean and germ-free surroundings while saving money!



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Are you looking for hand sanitizers or disinfectants? Find out how to create your own with simple ingredients with a simple and effective recipe.

Find out exactly how to formulate your hand sanitizers, antibacterial gels and wipes suitable for children to protect you and your family from infections and germs.

This book offers a detailed guide showing exactly how to create your own antibacterial disinfectants with the main goal of countering the prevalence of bacterial infections and viruses.

While hand sanitizers and surface disinfectants purchased in the store are becoming more and more expensive and scarce, learning to create yourself gives you all the necessary skills to make sure you never run out of cleaning products and help to save money.

This book contains;

- Complete recipes for effective homemade hand sanitizers
- Detailed guides for alcohol-based Sanitizers.
- Do-it-yourself recipes for homemade natural antibacterial disinfectants.
- Safety standards established by the World Health Organization (WHO)
- Recipes for hand sanitizer with aloe vera and essential oils.
- Advantages of using hand sanitizers
- Effective ways to wash our hands.

As an additional advantage, this book also explains in detail how to make a simple and effective face mask with homemade materials; Easy to find and easy to do. The advantages and disadvantages of medical masks are also detailed in the book.



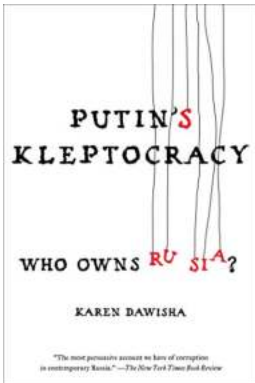
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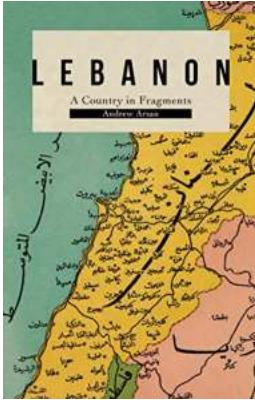
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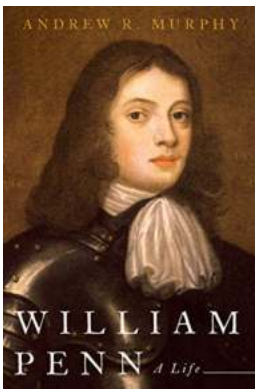
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