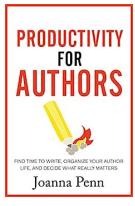
# Find Time To Write, Organize Your Author Life, And Decide What Really Matters For You

As an aspiring author, finding time to write can be a daunting task. With so many responsibilities and distractions in our lives, it's easy to push our dreams of becoming a writer to the back burner. But if writing is something that truly matters to you, it's essential to prioritize your time and establish a routine that allows you to nurture your creativity.

In this article, we will discuss various strategies to help you find the time to write, organize your author life, and ultimately decide what really matters for you as a writer. By implementing these techniques, you can take control of your writing journey and make significant progress towards realizing your dreams.

#### **1. Assess Your Current Schedule**

The first step in finding time to write is to assess your current schedule. Take a detailed look at your daily and weekly routines and identify any potential time slots that can be allocated to writing. Perhaps waking up an hour earlier or dedicating a specific time during your lunch break can provide valuable writing time.



Productivity For Authors: Find Time to Write, Organize your Author Life, and Decide what Really Matters (Books for Writers Book 10)

by Joanna Penn (Kindle Edition)

****	4.7 out of 5	
Language	: English	
File size	: 754 KB	
Text-to-Speech	: Enabled	
Screen Reader	: Supported	

Enhanced typesetting	:	Enabled
X-Ray	;	Enabled
Word Wise	;	Enabled
Print length	;	172 pages
Lending	;	Enabled



By being honest with yourself and evaluating your commitments, you can determine where you have the flexibility to make writing a priority. Remember, it's not about finding time; it's about making time!

## 2. Set Realistic Goals

Once you've identified the time slots available for writing, it's crucial to set realistic goals. Determine the amount of time you can dedicate to writing each week and establish a target word count or specific writing tasks you aim to accomplish during that time.

Setting achievable goals helps to create a sense of purpose and motivation. Start small and gradually increase your writing targets as you become more comfortable with your routine. Remember, every word written gets you closer to your goals!

## 3. Create a Writing Routine

A writing routine can be a game-changer for authors, providing structure and accountability. Designate specific days and times for writing and make them non-negotiable. Treat these scheduled writing sessions as important appointments with yourself and respect them.

Experiment with writing in different environments and find the one that suits your creativity best. Some writers prefer the tranquility of a quiet library, while others thrive in the bustle of a coffee shop. Discover what works for you and incorporate it into your routine.

#### 4. Minimize Distractions

In today's digital age, distractions are everywhere. Social media, emails, and other online platforms can easily consume our time and rob us of precious writing moments. To find time to write, it's crucial to minimize distractions and create a conducive environment for focused writing.

Consider implementing techniques such as turning off notifications, using website blockers, or setting specific intervals for checking emails and social media. The more you can free yourself from distractions, the more productive your writing sessions will be.

#### 5. Prioritize Self-Care

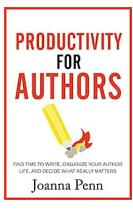
While finding time to write is essential, it's equally important to prioritize self-care. Writing is a creative pursuit that requires mental and emotional energy. Neglecting your well-being can dampen your creativity and hinder your overall productivity.

Make sure to create a balance between writing and self-care activities. Engage in activities that rejuvenate you, such as exercise, meditation, or spending time in nature. Taking care of yourself replenishes your creative reserves and allows you to write with renewed enthusiasm.

Finding time to write and organizing your author life can be challenging, but it's not impossible. By assessing your schedule, setting realistic goals, establishing a

writing routine, minimizing distractions, and prioritizing self-care, you can take control of your writing journey and make significant progress.

Remember, writing is not just about putting words on paper—it's about nurturing your passion, exploring your creativity, and sharing your unique voice with the world. Decide what really matters to you as a writer, and commit to prioritizing your time accordingly. With dedication and perseverance, your dreams of becoming a successful author will become a reality!



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Do you want to write more but feel frustrated at your lack of time? Are you doing 'busy' work instead of moving toward your creative goals? Is your To-Do list overwhelming?

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- Work with co-writers to produce more books
- Use tools for specific aspects of productivity
- Focus on physical and mental health to boost your productive time

I've been writing and publishing for over a decade and in this book, I'll share my lessons learned in order to help you become more productive and, hopefully, save you time, money and heartache along the way.

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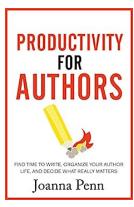
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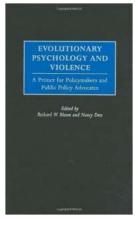
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