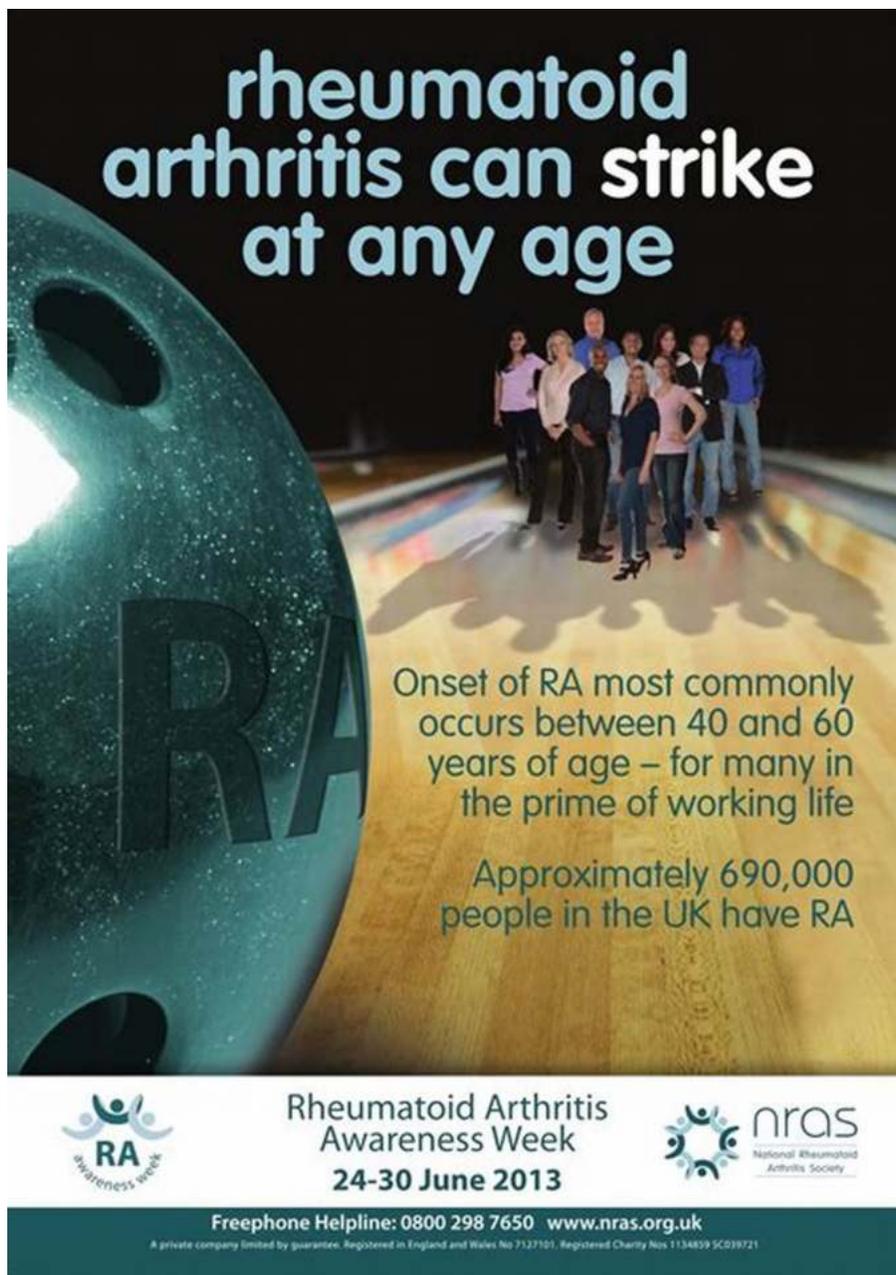


Fast Facts Rheumatoid Arthritis - Angela Taibo



The poster features a large, glowing green sphere on the left with the letters 'RA' cut out of it. In the background, a group of diverse people is walking on a wooden floor, with their shadows cast as a large gear shape. The text is in white and green against a dark background.

**rheumatoid
arthritis can strike
at any age**

Onset of RA most commonly occurs between 40 and 60 years of age – for many in the prime of working life

Approximately 690,000 people in the UK have RA

 **Rheumatoid Arthritis Awareness Week**  **nras**
National Rheumatoid Arthritis Society

Freephone Helpline: 0800 298 7650 www.nras.org.uk

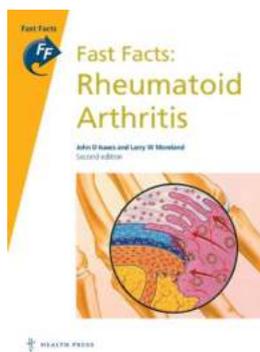
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Rheumatoid Arthritis (RA) is a chronic autoimmune disease that causes inflammation and pain in the joints. It affects millions of people worldwide, including renowned advocate Angela Taibo. In this article, we will explore fast

facts about Rheumatoid Arthritis and Angela Taibo's journey in raising awareness and fighting against this debilitating condition.

What is Rheumatoid Arthritis?

Rheumatoid Arthritis is a long-term inflammatory disorder that primarily affects the joints. It occurs when the immune system mistakenly attacks the body's tissues, mainly the synovial membrane lining the joints. This attack leads to chronic inflammation, pain, swelling, and eventually joint damage and deformity. RA can also affect other body systems, such as the skin, eyes, heart, and lungs.



Fast Facts: Rheumatoid Arthritis

by Angela Taibo (Kindle Edition)

★★★★☆ 4.3 out of 5

Language : English

File size : 898 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Print length : 118 pages

Screen Reader : Supported



Common Symptoms

RA is characterized by several common symptoms, including:

- Joint pain and stiffness
- Swollen and tender joints
- Fatigue
- Low-grade fever

- Loss of appetite
- Morning stiffness lasting more than an hour
- Generalized muscle aches
- Joint deformities

Diagnosis and Treatment

Getting an accurate diagnosis is essential for managing RA effectively.

Rheumatologists usually perform a thorough physical examination, review medical history, and order specific tests, such as blood tests and imaging studies, to confirm the diagnosis.

Treatment for RA aims to reduce inflammation, manage pain, prevent joint damage, and improve quality of life. It often involves a combination of medication, physical therapy, lifestyle changes, and, in severe cases, surgery. Early diagnosis and aggressive treatment can help control symptoms and slow down the progression of the disease.

Angela Taibo's Journey

Angela Taibo, a passionate advocate for Rheumatoid Arthritis awareness, has dedicated her life to educating others about the condition. As a person living with RA herself, she understands the challenges and struggles faced by those with the disease.

Through her inspirational talks and social media presence, Angela Taibo shares her personal stories, treatment experiences, and coping mechanisms. She encourages fellow patients to seek early diagnosis, adopt a positive mindset, and pursue a healthy lifestyle. Her efforts have helped thousands of individuals find solace and support in their own RA journeys.

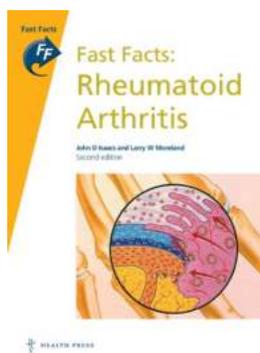
Raising Awareness and Research

Angela Taibo actively supports and participates in various initiatives to raise awareness about Rheumatoid Arthritis. She collaborates with medical organizations, patient support groups, and researchers to facilitate advancements in treatment options and patient care.

In addition to spreading awareness, Angela Taibo raises funds for research and donates to organizations focused on finding a cure for RA. Her dedication has attracted attention from the media and influenced policymakers to prioritize Rheumatoid Arthritis as a public health concern.

Rheumatoid Arthritis is a serious condition that affects millions worldwide. Advocates like Angela Taibo are making significant contributions to improving the lives of individuals living with RA. Their commitment to raising awareness, providing support, and advancing research is invaluable.

If you suspect you may have RA or want to learn more about the condition, consult with a healthcare professional or visit reputable websites like the Rheumatoid Arthritis Foundation.



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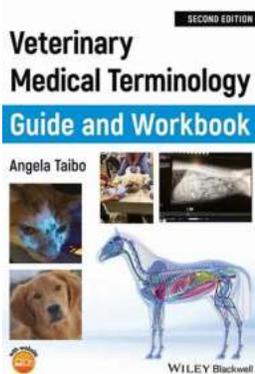


This thoroughly updated second edition of Fast Facts: Rheumatoid Arthritis provides an easy-to-read overview of how the condition is thought to develop and how it is diagnosed, monitored and treated.

Written by two leading UK and US rheumatologists, it covers the many recent developments in this field, including:

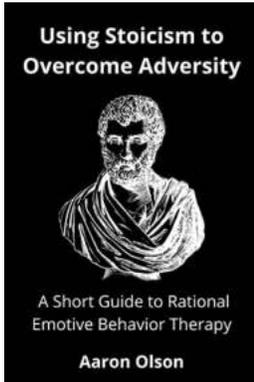
- Recently published classification criteria
- The emerging role of anti-CCP autoantibodies
- The latest developments in ultrasound and MRI
- The association between RA and cardiovascular disease and lung disease
- New concepts of undifferentiated arthritis and treatment to remission
- The importance of early referral and new biological therapies

Fast Facts: Rheumatoid Arthritis provides a well-referenced international perspective on this condition. It is a 'must read' for all healthcare professionals caring for patients with this debilitating inflammatory joint disease.



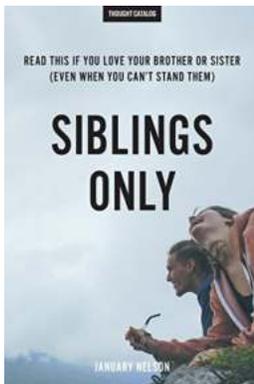
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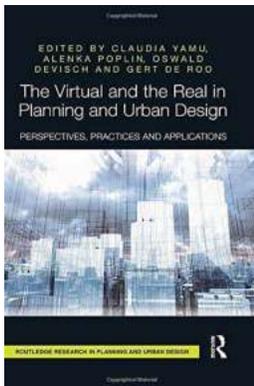
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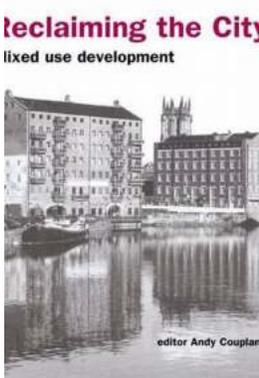
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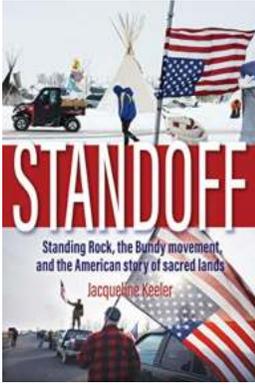
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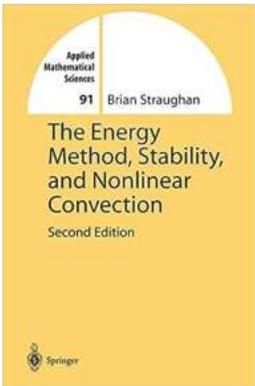
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