## Etiquette Emily Post: Your Guide to Polished Manners and Graceful Living

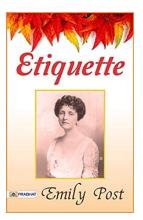
"So many people save up all their troubles to pour on the one they most love, the idea being, seemingly, that no reserves are necessary between lovers. Nor need there be really. But why, when their house looks out upon a garden that has charming vistas, must she insist on his looking into the clothes-yard and the ash-can. There is a big deposit of sympathy in the bank of love, but don't draw out little sums every hour or so-so that by and by, when perhaps you need it badly, it is all drawn out and you yourself don't know how or on what it was spent."

Emily Post, 'Etiquette' (1922)

When it comes to proper manners and graceful living, one name immediately comes to mind - Emily Post. For over a century, the name Emily Post has been synonymous with the rules of etiquette, guiding individuals towards social success and polished interactions. In this article, we explore the life and legacy of Etiquette Emily Post, her insights on kindness, dining etiquette, and social graces, and how her teachings still hold relevance in today's world.

#### The Remarkable Life of Etiquette Emily Post

Emily Post, born on October 27, 1872, in Baltimore, Maryland, was an American author and socialite. Her full name was Emily Price Post, and she came from a prominent family. She was initially introduced to the world of etiquette and manners by her mother, who herself valued proper behavior and refined manners.



Etiquette by Emily Post (Kindle Edition)

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Language	: English	
File size	: 2758 KB	
Text-to-Speech	: Enabled	
Screen Reader	: Supported	
Enhanced typesetting : Enabled		
Word Wise	: Enabled	
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Emily married Edwin Main Post in 1892 and became Emily Post, a name that would eventually become a household name synonymous with etiquette. Although her early marriage ended in divorce, Emily Post's journey towards becoming an etiquette authority was just beginning.

Post became actively involved in high society, where she observed the social manners and behaviors of the elite. She recognized a gap in the available resources about etiquette and manners, prompting her to take on the task of

educating others on the subject. In 1922, she published her first book, "Etiquette: In Society, in Business, in Politics, and at Home," which was an instant success.

Etiquette Emily Post's writing style was approachable and engaging, making her advice accessible to individuals from all walks of life. Her books covered a wide range of topics, including proper s, dress codes, polite conversation, and hosting guests. She emphasized the importance of kindness, consideration, and respect in social interactions.

#### The Legacy of Etiquette Emily Post

Emily Post's impact on society was immense. As her popularity grew, she became a trusted authority on etiquette, and people turned to her for advice on social matters. Newspapers and magazines sought her advice columns, and she established herself as a leading expert, giving speeches, conducting lectures, and even hosting a radio show.

Today, Emily Post's teachings continue to shape society's understanding of proper behavior and social graces. The Emily Post Institute, founded in 1946 by her descendants, continues her work, providing etiquette education, consultancy services, and publishing updated editions of her original books. They have expanded her wisdom to include modern etiquette dilemmas like technology and social media use, workplace manners, and wedding etiquette.

#### **Emily Post's Insights on Kindness and Consideration**

One of the primary foundations of Emily Post's principles was the importance of kindness and consideration in all social interactions. She believed that treating others with respect, empathy, and courtesy was the cornerstone of civilized behavior.

In today's modern world, where online interactions can often be harsh and impersonal, Emily Post's teachings on kindness hold even greater relevance. Her advice reminds us to consider the impact of our words and actions on others and to prioritize compassion in our daily lives.

Etiquette Emily Post leaves us with this timeless wisdom: "Manners are a sensitive awareness of the feelings of others. If you have that awareness, you have good manners, no matter which fork you use."

#### Dining Etiquette: A Window into Etiquette Emily Post's Expertise

One area where Etiquette Emily Post excelled was in the realm of dining etiquette. She recognized that how we present ourselves at the dining table can often be a reflection of our overall personal etiquette.

Her attention to detail and understanding of the subtleties of dining etiquette revolutionized the way people approach meals. From the correct use of utensils to understanding formal dinner settings, Emily Post's guidance ensured that individuals felt confident and knowledgeable at any dining occasion.

Even in today's casual dining culture, understanding proper dining etiquette can pave the way for memorable and enjoyable dining experiences. With Emily Post's guidance, you can navigate any dining situation gracefully and effectively.

#### Social Graces: Elevating Interactions with Etiquette Emily Post

Social graces, or the art of polite and tactful social interactions, were another area where Etiquette Emily Post provided valuable insights. She believed that good social skills were essential for success in both personal and professional settings.

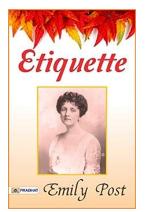
Emily Post highlighted the importance of s, offering guidance on how to make others feel comfortable and acknowledged. She advocated for genuine and thoughtful conversation, promoting active listening and engagement. Through her teachings, she emphasized the power of positive interactions and the importance of leaving a lasting impression.

By incorporating Etiquette Emily Post's social grace teachings into our lives, we can foster stronger connections, build rapport, and navigate social situations with ease.

Emily Post's teachings on etiquette and manners have stood the test of time. While societal norms and customs have evolved, the core principles of kindness and consideration remain as relevant today as they were during Post's era.

As we navigate an increasingly connected but often impersonal world, embracing the wisdom of Etiquette Emily Post can guide us towards more meaningful connections and polished interactions. By treating others with respect, empathy, and courtesy, we can create a more harmonious and gracious society.

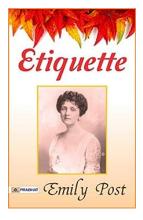
So, let us remember the legacy of Etiquette Emily Post, a remarkable woman who dedicated her life to helping others navigate the complexities of social interactions. Her timeless wisdom shines as brightly today as it did a century ago, inspiring us to be our best selves in every situation.



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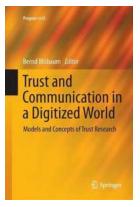


Many who scoff at a book of etiquette would be shocked to hear the least expression of levity touching the Ten Commandments. But the Commandments do not always prevent such virtuous scoffers from dealings with their neighbor of which no gentleman could be capable and retain his claim to the title. Though it may require ingenuity to reconcile their actions with the Decalogue—the ingenuity is always forthcoming. There is no intention in this remark to intimate that there is any higher rule of life than the Ten Commandments; only it is illuminating as showing the relationship between manners and morals; which is too often overlooked. The polished gentleman of sentimental fiction has so long served as the type of smooth and conscienceless depravity that urbanity of demeanor inspires distrust in ruder minds. On the other hand; the blunt; unpolished hero of melodrama and romantic fiction has lifted brusqueness and pushfulness to a pedestal not wholly merited. Consequently; the kinship between conduct that keeps us within the law and conduct that makes civilized life worthy to be called such; deserves to be noted with emphasis. The Chinese sage; Confucius; could not tolerate the suggestion that virtue is in itself enough without politeness; for he viewed them as inseparable and "saw courtesies as coming from the heart;" maintaining that "when they are practised with all the heart; a moral elevation ensues."



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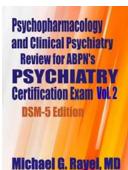


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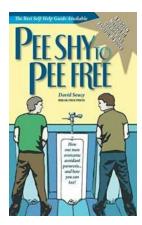


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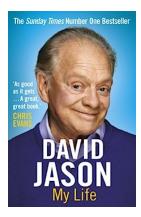


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**JOHANNA HOFF** 

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