Discover the Easiest Recipes to Make DIY Hand Sanitizer with Ingredients You Always Have At Home

Hand sanitizers have become an essential tool in our daily lives, especially in light of recent events. However, with the high demand and limited availability of store-bought sanitizers, making your own DIY hand sanitizer is a practical and cost-effective alternative. The best part is that you can easily create effective hand sanitizers using ingredients you already have at home. In this article, we will explore some easy recipes to make DIY hand sanitizers that will keep you and your loved ones protected.

1. The Classic Aloe Vera Hand Sanitizer

This classic recipe requires just a few ingredients: rubbing alcohol, aloe vera gel, and essential oil (optional but recommended for a pleasant scent). Follow these simple steps:

- 1. Take 2/3 cup of rubbing alcohol (Isopropyl alcohol) with at least 60% alcohol content and pour it into a bowl.
- 2. Add 1/3 cup of aloe vera gel into the same bowl.
- Add a few drops of essential oil for fragrance (e.g., lavender, tea tree, or lemon).
- 4. Mix all the ingredients thoroughly until well combined.
- 5. Pour the mixture into an empty bottle or small containers for easy use. Make sure to label the container properly.
- 6. Your homemade hand sanitizer is now ready to use!

2. Lemon Juice Hand Sanitizer

If you are looking for a refreshing hand sanitizer with an extra citrusy twist, then this recipe is for you. Here's what you'll need:



Homemade Hand Sanitizer: Easy Recipes to Make DIY Hand Sanitizer with Ingredients You Always

Have at Home by Alyssa Costantini (Kindle Edition)



+ + + +4.1 out of 5Language: EnglishFile size: 3255 KBText-to-Speech: EnabledScreen Reader: SupportedEnhanced typesetting : EnabledPrint length: 91 pagesLending: Enabled



- 1. 1 tablespoon of rubbing alcohol (Isopropyl alcohol) with at least 60% alcohol content.
- 2. 1 tablespoon of lemon juice (freshly squeezed is preferable).
- 3. 1 teaspoon of witch hazel (optional but provides additional benefits).
- 4. 3-4 drops of tea tree oil (known for its antibacterial properties).
- 5. Mix all the ingredients together until well blended.
- 6. Transfer the mixture into a suitable container or bottle.
- 7. Your invigorating lemon juice hand sanitizer is now ready for use!

3. Lavender-infused Hand Sanitizer

For those who prefer a soothing and aromatic hand sanitizer, this lavenderinfused recipe is perfect. Here are the ingredients you'll need:

- 1. 1/4 cup of rubbing alcohol (Isopropyl alcohol) with at least 60% alcohol content.
- 2. 1/4 cup of aloe vera gel.
- 3. 10 drops of lavender essential oil.
- 4. 1 teaspoon of vitamin E oil (optional but nourishing for the skin).
- 5. Mix all the ingredients until fully incorporated.
- 6. Transfer the mixture into a bottle or container of your choice.
- 7. Your calming lavender-infused hand sanitizer is ready for use!

Remember to sanitize your hands properly by applying a sufficient amount of sanitizer and rubbing it all over your hands and fingers until dry. DIY hand sanitizers are a great option when access to commercial sanitizers is limited, but it's always important to follow the guidelines provided by health authorities to ensure proper hygiene.

Make sure to label your homemade sanitizers correctly, especially if you have children or curious family members who may mistake them for other products. Store them in a safe place away from direct sunlight and heat.

Creating your own hand sanitizer provides a sense of empowerment and ensures that you'll never run out when you need it the most. Make good use of the ingredients you already have at home and take care of yourself and your loved ones by keeping your hands clean and protected.

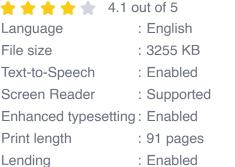


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Discover how you can make your own Hand Sanitizer with the most easy and common ingredients everyone has at home!

- Do you know that one of the best daily routine for your health and safety is to keep your hands clean, wherever you are regularly?

- Are you looking for hand sanitizer, but can't find any in stores?

- Or maybe you've happened to come across some for sale online, but the prices are ridiculous?

Whatever needing just enough for your personal use or enough for family and friends, this book is what you need.

Our hands are daily contaminated with bacteria and germs as we use them to work, to go shopping.. almost everything!

<u>They're not only our first "business card," but also our first physical contact, both</u> <u>at work both in our private Life. Doing our daily duties, it is not easy to always</u> wash our hands regularly, but it's now paramount to do it to preserve our and others' health.

Inside you will discover:

- <u>Types and Benefits of Hand Sanitizers</u>
- Easy and Quick Recipes to Make Your Hand Sanitizer
- <u>The World Health Organization Recipe</u>
- The Differences Between Sanitizer and Hand Soap
- Proper Handwashing Technique
- More Hygiene Tips
- And Much More...

We still need a sure, quick, and convenient way of keeping clean hands by using hand sanitizers.

Scroll up and click the "BUY NOW with 1-Click" button to get your copy now!



Discover the Easiest Recipes to Make DIY Hand Sanitizer with Ingredients You Always Have At Home

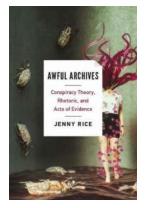


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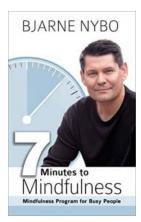
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