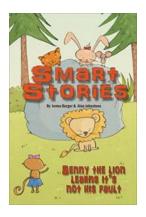
## Benny The Lion Learns It's Not His Fault: A Heartwarming Story for Kids

Once upon a time, in the great African savannah, lived a young lion named Benny. Benny was known for his golden mane and fiery spirit. He loved playing with his animal friends and exploring the wilderness with boundless curiosity. However, Benny also carried a heavy burden on his young shoulders, a feeling of guilt that constantly weighed him down.

Benny believed that it was his fault that his father had left their pride at a very young age. He blamed himself for not being strong enough to protect his family, though he was merely a cub back then. This self-blame manifested as a constant insecurity and lack of confidence in Benny's actions and decision-making abilities.

One day, while Benny was wandering through the savannah, he stumbled upon an old wise tortoise named Timothy. Intrigued by Benny's despondent expression, Timothy approached him cautiously.



#### Benny the lion learns it's not his fault (Smart

**Stories Book 5)** by Alan Johnstone (Kindle Edition)

★ ★ ★ ★ ▲ 4.6 c	ΟL	it of 5
Language	;	English
File size	;	838 KB
Text-to-Speech	:	Enabled
Screen Reader	;	Supported
Enhanced typesetting	;	Enabled
Word Wise	;	Enabled
Print length	;	24 pages



"Hello, young one. What troubles you?" asked Timothy kindly.

Benny, surprised by Timothy's presence, gazed up at him with teary eyes and stammered, "It's... It's my fault. I didn't protect my family, and now my father is gone. I'm not strong enough, and it's all because of me."

Timothy listened attentively as Benny poured his heart out, understanding the immense burden the young lion carried. He gently placed his wrinkled claw on Benny's furry head and spoke in a soothing voice, "Oh, Benny, my dear friend, it was never your fault. Just as the sun rises and sets, life presents its challenges, and sometimes things happen beyond our control."

Benny looked at Timothy, his eyes filled with confusion. "But I can't help blame myself, Timothy. How can I overcome this feeling of guilt?"

With a wise smile, Timothy replied, "Learning to forgive yourself is not an easy journey, Benny, but it's the most important one you can embark upon. You must realize that you were just a young cub when your father left, and you couldn't have done anything differently."

As Timothy spoke, a flicker of hope danced in Benny's eyes. He began to comprehend that sometimes life presents challenges that are beyond an individual's control, and blaming oneself endlessly only leads to pain and sorrow.

From that day forward, Timothy became Benny's mentor and taught him valuable life lessons. He shared stories of his own past, filled with struggles and triumphs, to help Benny understand that everyone faces adversity at some point in their lives. It is how we overcome these challenges that define our character and shape our future.

Through Timothy's guidance and insightful stories, Benny slowly started to forgive himself. He realized that it was not his fault his father left, but rather a consequence of the unpredictable nature of life. Benny's self-blame melted away as he learned to accept the past and focus on the present.

With newfound confidence and a lighter heart, Benny began to embrace the lion he knew he could be. His golden mane shone brighter, mirroring his inner strength and resilience. He became a leader and a protector, always there for his pride and ready to face any challenges the savannah presented.

Word of Benny's transformation spread throughout the animal kingdom, inspiring both young and old to let go of their guilt and embrace self-forgiveness. Benny became a symbol of hope and resilience, showing others that the past does not define one's future.

And so, Benny the lion learned a valuable lesson that day – it's not his fault. The weight of guilt that had burdened him for so long was lifted, allowing him to live his life to the fullest. His story became a cherished tale in the annals of the African savannah, reminding generations to come that forgiveness and self-acceptance are powerful tools for growth and happiness.

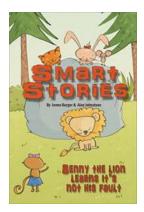
In , Benny's journey teaches us that self-blame often prevents us from unleashing our true potential. By accepting the past and forgiving ourselves, we can find the strength to move forward and embrace a brighter future. Let Benny's story inspire you to let go of guilt and embrace self-forgiveness, for it is through these actions that we can truly learn to live our lives to the fullest.

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Benny the lion is crying because he thinks he did something bad. his mommy and daddy are fighting and they don't play with him so much anymore.

This story helps children to understand that they are not to blame when their parents are in conflict and offers parents who have fallen into this trap a chance to rectify the problem.

Children learn through stories and easily associate with the characters in stories. This natural tendency provides a parent a wonderful opportunity to guide his or her child's behaviour and feelings and teach them understandings with which to improve their EQ.

In the ebook, notes are provided which teach parents, educators and play therapists the valuable skills of story telling. The notes are interspersed in the story and explain why certain words and ideas are offered in the story.

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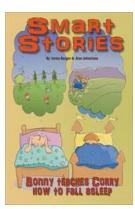


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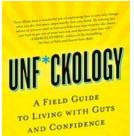
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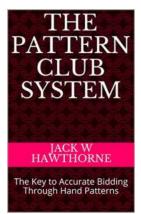
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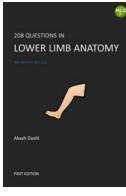
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