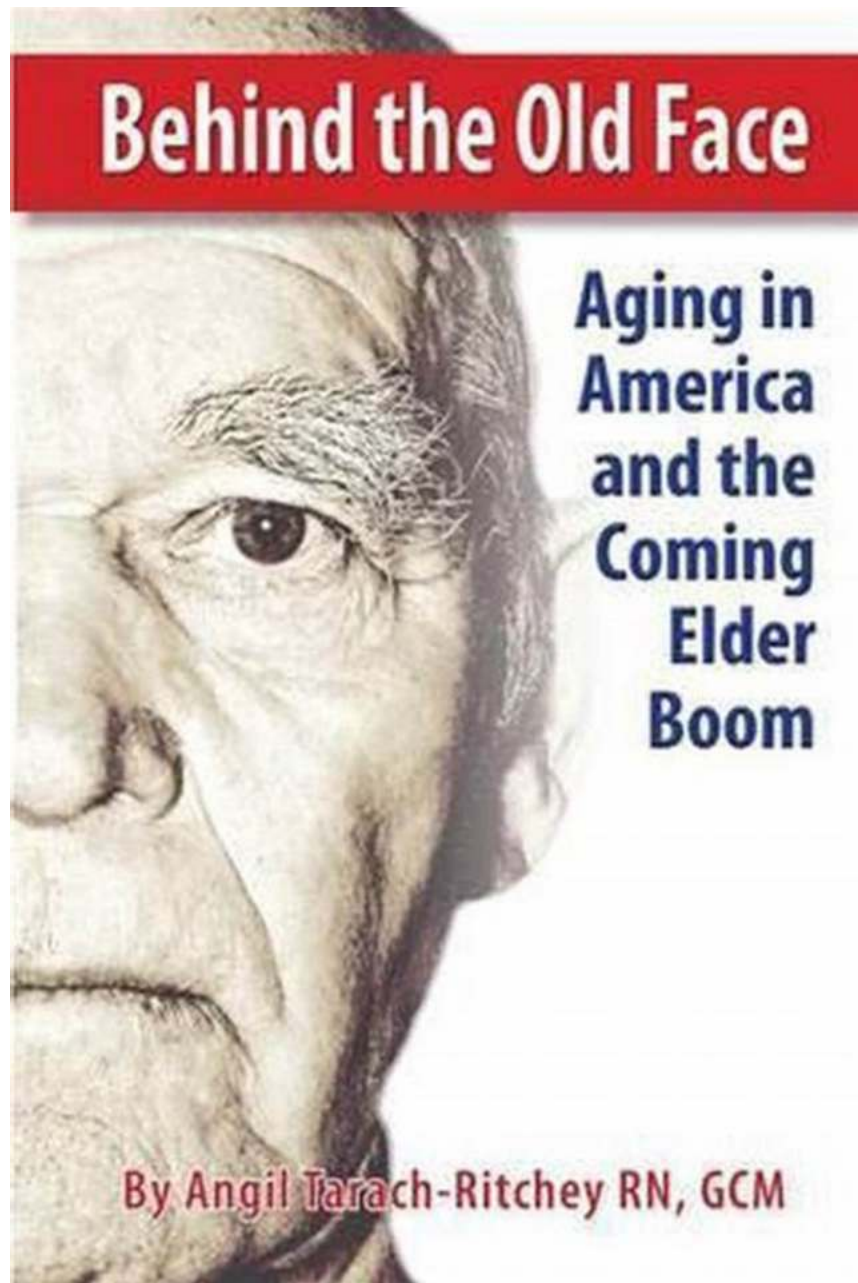


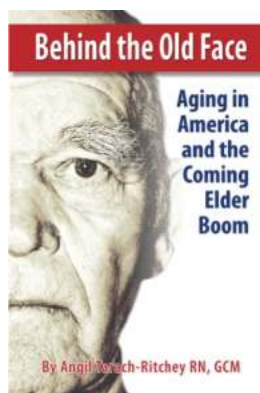
# Behind The Old Face: The Untold Stories of Age and Wisdom



They say age is just a number, but behind every wrinkle and gray hair lies a lifetime of experiences, wisdom, and stories waiting to be told. This captivating journey explores the true essence of growing old and the hidden world behind the old face.

## Unveiling Hidden Lives

Life has a way of leaving its mark on us, etched into our skin and embedded deep within our souls. The lines on our faces trace the paths we've taken and the hurdles we've overcome. Behind the old face lies the untold stories of strength, resilience, and love.



### Behind the Old Face: Aging in America and the Coming Elder Boom

by Angil Tarach-Ritchey RN GCM (Kindle Edition)

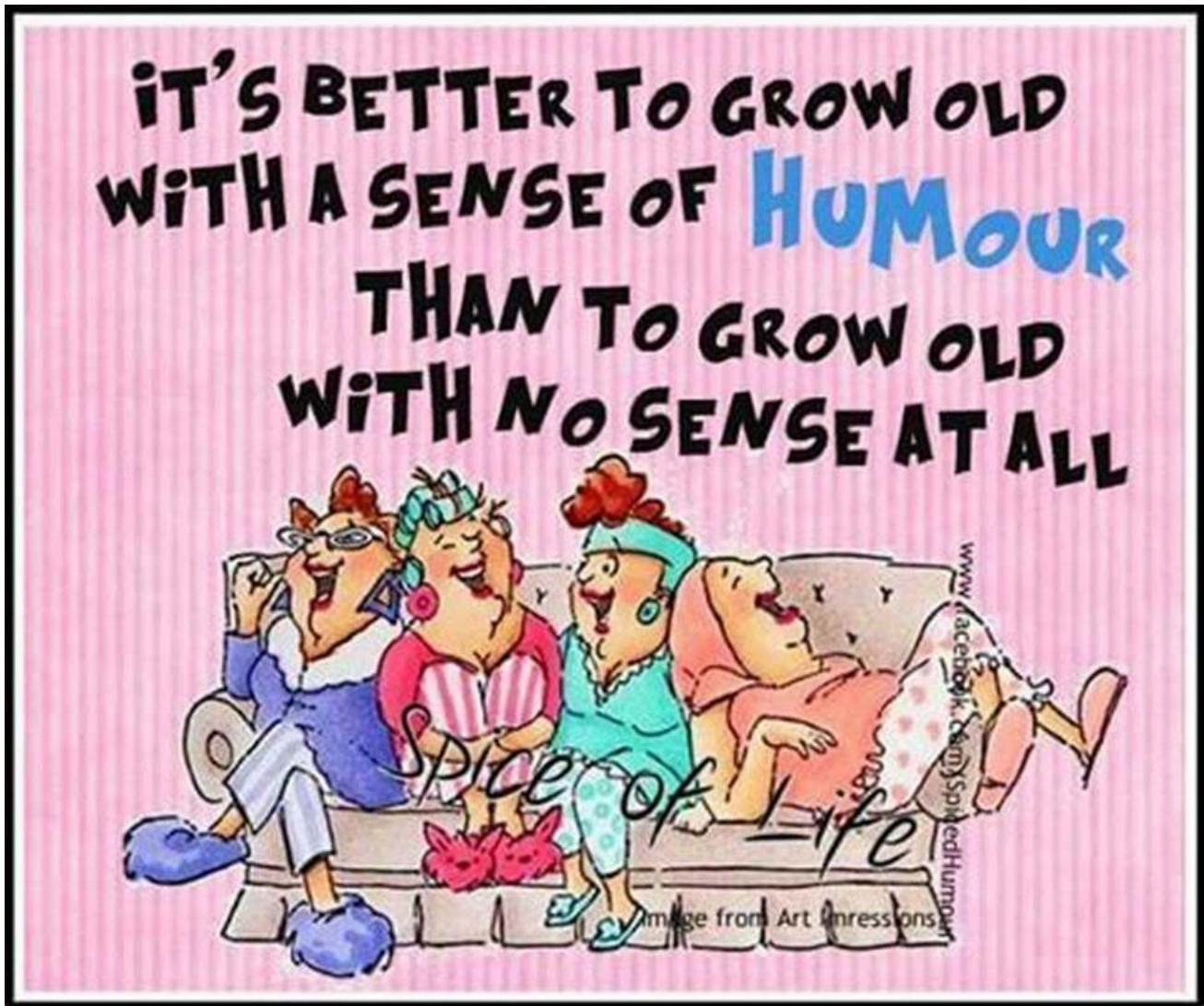
★★★★☆ 4.8 out of 5

Language : English  
File size : 7304 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 187 pages  
Lending : Enabled



Through hundreds of interviews with senior citizens from different walks of life, we uncover the hidden lives and remarkable accomplishments of these individuals who have lived through numerous generations. The elderly man you pass by on the street might have once fought on the front lines, while the elderly woman in the grocery store may have paved the way for gender equality.

Their stories resonate with a depth that only comes from a lifetime well-lived. Behind wrinkled skin lies a treasure trove of joy, heartbreak, triumphs, and failures, waiting patiently to be revealed.



## Challenges of Age

Behind the old face, countless stories struggle to be heard. Often, society dismisses the elderly, disregarding their wisdom and focusing on their physical appearance. This ignorance leads to isolation and loneliness, as the world fails to recognize the vibrancy that still resides within. It's time we acknowledge the challenges faced by the elderly and embrace their contribution to society.

As we age, our bodies may weaken, but our spirits grow stronger. The elderly continue to contribute to their communities, families, and even start new adventures in their golden years.



## **Promoting Empathy and Understanding**

Behind the old face lies a powerful call for empathy and understanding. By delving into the lives of senior citizens, we gain a newfound appreciation for the beauty of old age.

These hidden stories foster a sense of connection and remind us that aging is a universal experience. They encourage us to treat the elderly with respect, compassion, and dignity, providing them with the love and care they deserve.

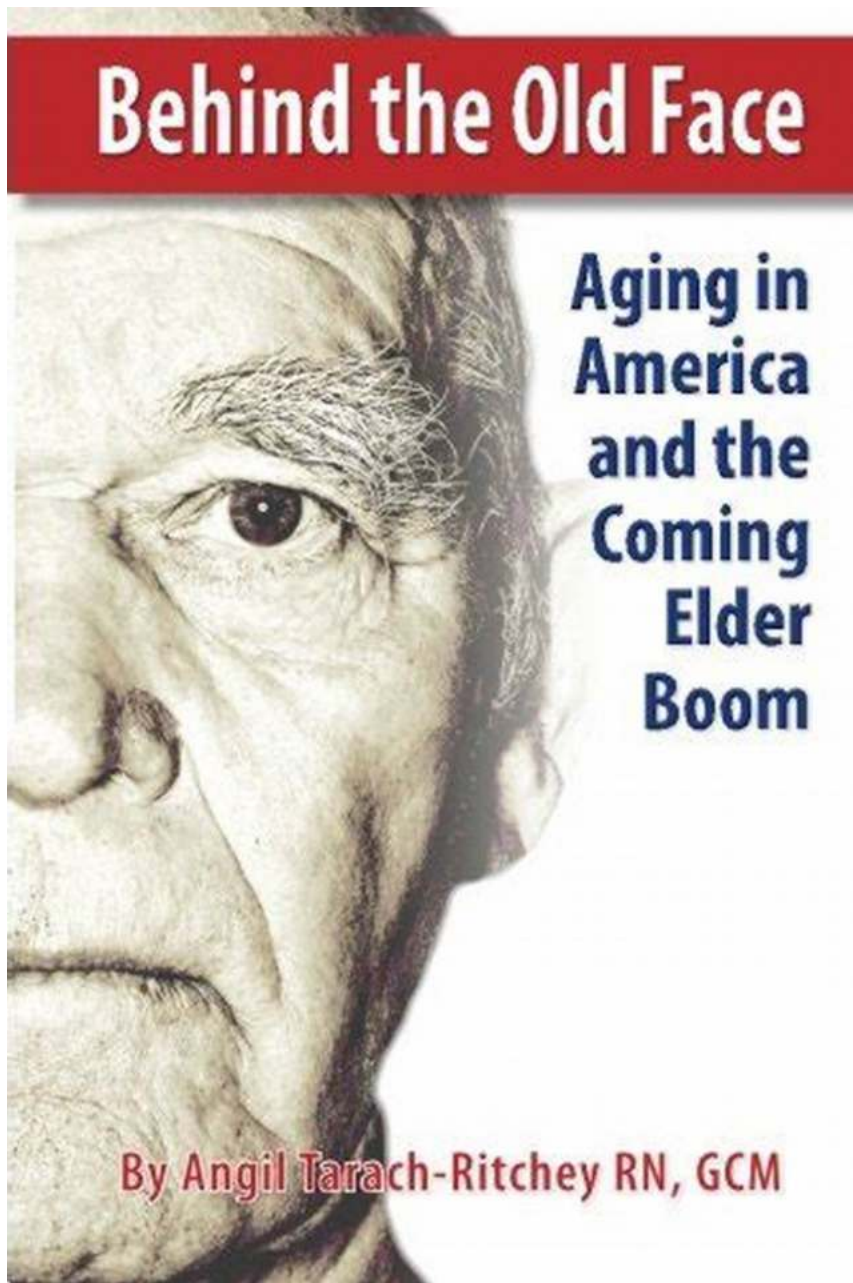




## **The Power of Sharing**

Behind the old face lies a wealth of knowledge waiting to be shared. From traditional recipes passed down through generations to life lessons learned the hard way, these stories hold immense value for future generations.

Through the power of storytelling, we can bridge the gap between generations. Collecting and preserving the wisdom of the elderly ensures that their experiences are not lost and their voices continue to resonate through time.



## **Embrace the Age**

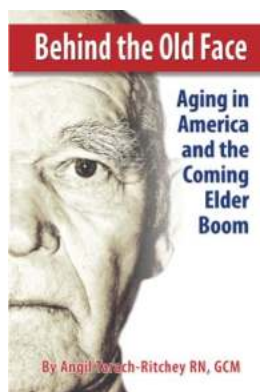
Behind the old face, lies a tapestry of memories, accomplishments, and a lifetime of love. It's time we challenge societal norms and embrace the beauty of aging.

Next time you encounter an elderly person, take a moment to appreciate the stories hidden beneath their smile. Engage in conversation, listen deeply, and allow them to teach you the true meaning of life.

## A Journey to Remember

Behind the old face lies a world waiting to be explored. Join us on this extraordinary journey as we unravel the captivating stories of senior citizens who have lived through times of immense change and adaptation.

This mesmerizing expedition will challenge your perception of aging, leaving you with a renewed sense of appreciation for the untapped beauty behind the old face.



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After the highly respected author discovered a resident's box of old love letters as teenage nursing-home aide in 1977, her view of elderly patients was altered and inspired her lifelong career of geriatric care and advocating for quality elder care. She provides us an overview of aging and elder care in the U.S in this best-selling and award winning book. Drawing upon over 3 decades of experience and her interviews with seniors, Angil Tarach-Ritchey RN, GCM reveals the rich inner

worlds of the elderly, conveys their advice and describes her vision of a community-based, intergenerational, and sustainable approach to senior living and care for our aging future as we face the Elder Boom™ crisis.

### Who Will Benefit From Reading Behind the Old Face?

1. Seniors now and into the future. If the treatment and care of older adults didn't need improving, this book would have not been written. This is the overall intention and motivation of the author.

2. Baby Boomers that either won't be able to, or do not want to pay between \$100,000.00 and over \$210,000.00 for care in 20 years or so. Statistically 70% of those over 65 years of age will need some amount of care for an average of 3 years. If you want a positive and uplifting aging future in your own home that you can look forward to rather than dread, and won't send you to the poorhouse this book is for you!

3. Caregivers, both family caregivers and professionals in healthcare, since the vast majority will care for seniors in one capacity or another and are all of us are aging too. Whether you are a nurse's aide in a skilled nursing home, a physician in ER, a volunteer directing patients, a social worker, nurse, therapist, or are in insurance sales or financial planning, we all come in contact with seniors and need to better understand aging in those we care and interact with, and ourselves.

4. Business Owners are losing 34 billion dollars annually in lost productivity related to employed family caregivers and this problem is going to get much deeper and far reaching than most realize as care costs become unaffordable for the vast majority, and government programs that are currently helping those under the poverty line will not be able to meet future costs. Find out how you can become part of the solution!

5. Government Officials in aging, housing, Medicare, Medicaid, Social Security and Veterans Administration who have a vested interest in how our nation will



handle 78 million aging boomers.

6. Philanthropists, Foundations, Major Corporations, Patient Advocates, Hospitals, and other nonprofits interested in aging, senior health, the changing population, social change, and being a part of a great aging future.

7. Our country as a whole because the one thing we have in common from the day we were born is we are all aging. Find out how to reduce healthcare and custodial care costs all without taxing family members and US businesses.

#### Honorable Book Endorsements

“This book is a must read for the Baby Boomer generation. It faces the challenges of aging head on, written with compassion and vision.”

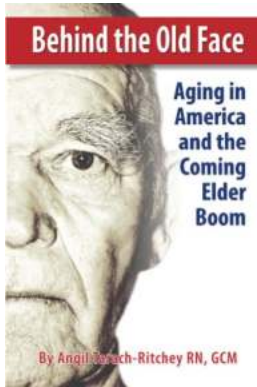
–Ken Dychtwald, Ph.D., Author of A New Purpose: Redefining Money, Family, Work, Retirement and Success

“Angil has done a remarkable job illustrating the difficulties facing our seniors today, compelling the reader towards empathy and providing a unique solution to what may be the next major public healthcare debate...the rising cost of caring for our older generations.”

– Vesper Patrick I Director, Content Development Nurse Together

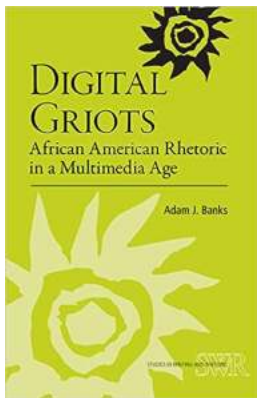
“Tarach-Ritchey encourages us to not only reframe our thinking about aging in an empowering way, she also presents us with a practical, nuts-and-bolts solution for the pending baby-boomer retirement wave. She invites us not only to honor the aging process, but provides a means by which we are more able to do so.”

– Shayne A. Mason RN, MSN, NP Co-host “Nurse Talk Radio”, Instructor – University of San



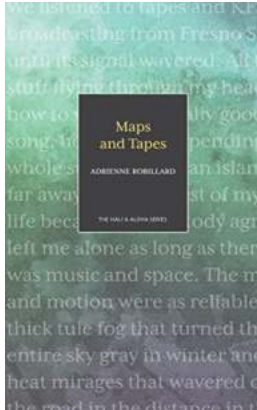
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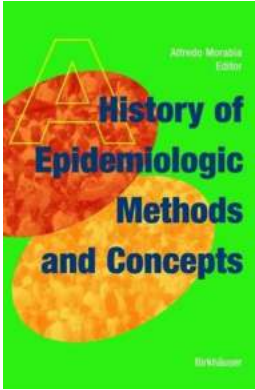
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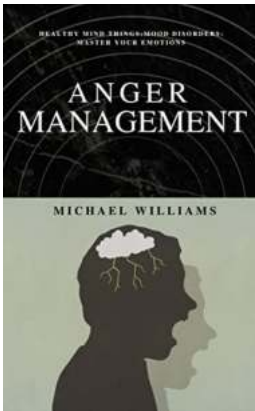
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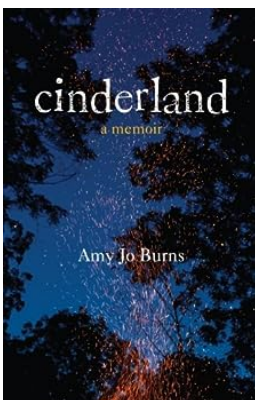
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